

Legend

- Number of berths
- Depth of port
- Accommodation
- Camping site
- Catering
- Toilet
- Shower
- Sauna
- Internet
- Drinking & household water or running water
- Launderette
- Garbage
- Electricity
- Fuel
- Parking
- Yachts & motorboats service
- Bilge water
- Refuse disposal
- Crane
- Slip
- Yacht wintering options
- Shop
- On request

ON THE MAP

- Blighthouse
- Post office
- Resting place
- Accommodation
- Shop
- Tower
- Church
- Catering
- Recreation centre
- Airport
- Bus terminal
- Tourism site
- TIC - tourist information center
- TIP - tourist information point
- Cemetery
- Hospital
- Gas station
- Trails
- Beach
- Museum
- Port
- Mole

- Service providers
- Tourist attractions
- Ports and harbours
- Boat routes
- Yacht routes
- Ferry routes
- Restrictions on movement
- Main roads
- Regional roads
- Local roads
- Other roads
- Multi-level junction
- Distance in kilometres
- Railway - Station - Stop
- City - Village
- Group of farmsteads - Farmstead
- Part of city
- Centre of administrative unit

In this booklet routes are marked indicatively; their length, trajectory and duration may vary depending on where you start or finish your route.

Tourism information

ESTONIA

- Haapsalu TIC**
+372 473 3248
www.visithaapsalu.com
- Hiumaa TIC**
+372 462 2232
www.visithiumaa.com
- Kuressaare TIC**
+372 453 3120
www.visitsaaremaa.ee
- Pärnu Visitor Centre**
+372 447 3000
www.visitparnu.com

LATVIA

- KURZEME**
- Dundaga TIC**
+371 29444395
www.visit.dundaga.lv
- Grobiņa TIC**
+371 26490324
www.grobinaturisms.lv
- Kolkasrags TIC**
+371 29149105
www.kolkasrags.lv
- Liepāja region TIC**
+371 63480808
www.liepaja.travel
- Mērsrags TIC**
+371 63237704
www.mersrags.lv
- Nīca TIC**
+371 29458532
www.nica.lv
- Pāvilosta TIC**
+371 63498229
www.pavilosta.lv
- Roja TIC**
+371 63269594
www.roja.lv
- Rucava TIC**
+371 29134903
www.rucava.lv
- Ventspils TIC**
+371 63622263
www.visitventspils.com
- RIGA REGION**
- Ainaži TIC**
+371 64043241
www.visitsalacgriva.lv
- Carnikava TIC**
+371 67708443
www.tourism.carnikava.lv
- Jūrmala TIC**
+371 67147900
www.tourism.jurmala.lv
- Limbaži TIC**
+371 64070608
www.visitlimbazi.lv
- Rīga TIC**
+371 67037900
www.liveriga.com
- Salacgrīva TIC**
+371 26463025
www.visitsalacgriva.lv
- Saulkrasti TIC**
+371 67951641
www.visitsaulkrasti.lv
- Tukums TIC**
+371 63124451
www.visittukums.lv

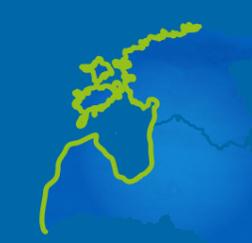


Explore the water tourism routes:
www.riverways.eu

Discover exciting water tourism opportunities and enjoy active holiday in the intact nature of Southern and Western Estonia, as well as Latvia.

The brochure has been developed within the framework of the Latvia – Estonia cross-border cooperation programme 2007–2013 Project "Development of water tourism as nature and active tourism component in Latvia and Estonia" (RIVERWAYS). The development of the brochure is cofinanced by Kurzeme Planning Region, Rīga Planning Region, Lääne County Development Centre, Haapsalu Town Government, Foundation South Estonian Tourism, Foundation Pärnumaa Tourism, NGO West Estonian Islands Tourism Development Centre, Foundation Tuuru, Pärnu City Government, Pärnu County Government.

2015



Coastal guide

Water tourism along the coast of Western Estonia and Latvia





Estonia and Latvia are great places for active outdoor recreation, offering a wide range of opportunities to discover something new. Both guests and local residents are often surprised by the untouched landscapes and exciting sparsely-populated areas giving them the chance to get acquainted with traditions and the close relationship between culture, nature and history. Outside cities and towns there are forests, lakes and rivers with countless opportunities to enjoy nature. There are over 1500 islands in Estonia, whereas Latvia is famous for over 500 kilometres of long sandy beaches.

The western coastline of Estonia invites you to travel through idyllic villages and farmstead landscapes, or to take a sunny trip along the seacoast and enjoy long sunsets. There are over 500 km long roads and trails along the coastline, taking in cultural, historical and nature landscapes. Thanks to the beautiful coastline, Pärnu and Haapsalu are among the popular recreation places in Europe. Kayaking is possible nearly all along the coastline which is famous for sandy beaches and cliffs and about one and a half thousand islands and islets. The coastline of Estonia is an important stop-over site for migratory waterfowl, and seals can be found near the islands.

Hiiumaa and Saaremaa are the largest islands of Estonia; however, they are small enough to be travelled around in a short period of time. Here you can see the oldest functioning lighthouses in the world, the meteorite crater and traditional Estonian farms, windmills and

unspoilt nature. Take the opportunity of getting to know the daily life of residents on the island that still completely differs from life in the city and rural areas of inland Estonia.

Kurzeme is amongst the greenest regions of Latvia, tempting sailors with its ports, both big and small, sun seekers – with its sandy beaches, and nature lovers – with cliffs and protected dunes. Kurzeme's environment is particularly unique due to its ancient fishing villages and towns where guests are able to feel the breath of history and modern urban infrastructure and the rhythm of life. Rivers are the true treasures of Kurzeme – there are about 20 rivers for canoeing, surrounded by forests and meadows in the western part of the region. Most of them flow into the sea, and therefore an opportunity to finish a canoe trip in open water evokes the most exquisite emotions even in true lovers of paddling.

The Riga region is on the outskirts of the capital Riga. Although it

is a densely populated area with an active business environment, it offers a wide range of outdoor recreation opportunities. There are not many cities in Europe where people are able to enjoy an urban environment while at the same time relaxing in the peace and quiet of nature or taking part in forest or water recreation activities in the surrounding area. A beach on the coast of the Gulf of Riga is about a half-hour's drive away from the city. Also, there are a number of recreational places by the river Daugava River and the river Lielupe.

Downtown Riga also offers active leisure facilities like boating along the city canal or the city's lakes. Travelling along the city canal offers a different perspective of the city. There are a lot of lakes near the capital Riga offering a variety of active water sports opportunities. The calm lower reaches of the river Gauja and the river Daugava are perfect for relaxing stand-up paddling that may be combined with yoga or fitness elements on windless days.

Contents

ESTONIA

- 2 WESTERN HARJUMAA
- 4 NORTHERN LÄÄNEMAA
- 6 VORMSI
- 7 HAAPSALU BAY
- 8 HAAPSALU
- 10 SOUTHERN LÄÄNEMAA
- 12 NORTHERN COAST OF HIIUMAA
- 14 SOUTHERN COAST OF HIIUMAA
- 16 KÄRDLA
- 18 NORTHERN SAAREMAA

- 20 WESTERN SAAREMAA
- 22 KURESSAARE
- 24 SOUTHERN SAAREMAA AND MUHU ISLAND
- 26 TÕSTAMAA, VARBLA AND KIHNU ISLAND
- 28 PÄRNU
- 30 PÄRNU BAY

LATVIA

- 32 AINAŽI-TŪJA
- 34 TŪJA-LIELUPE

- 36 RĪGA AND VICINITY
- 40 JŪRMALA
- 44 WESTERN COAST OF GULF OF RĪGA
- 46 MIĶĒLTORNIS-KOLKA-ROJA
- 48 VENTSPILS-MIĶĒLTORNIS
- 50 PĀVILOSTA-VENTSPILS
- 52 LIEPĀJA-PĀVILOSTA
- 54 NIDA-BERNĀTI-LIEPĀJA
- 56 MORE INFORMATION

NB!

- The coast is an important area for birds, so we ask you to not disturb birds on islets and beach meadows during their nesting time (15.04–15.07).
- Pay care when moving around in the nature.
- Keep your dog on a leash when moving around in the nature.
- Place the trash into trashcans.
- Follow the movement restrictions on protected areas.
- You can get additional information in Estonia – from RMK information points and from the

Environmental board, in Latvia – from Nature conservation agency.

- Passes and information about restrictions can be acquired from local trip organisers.

- The launching spots for trips and the route depends on weather conditions and will be previously agreed upon with the service provider.



WESTERN HARJUMAA

L Ä Ä N E M E R I



North-western Estonia invites you to visit and explore! North-western Estonia with its enchanting nature and romantic trails offers fascinating sights, spectacular manor houses and castles, nice tourist farms. Make your vacation exciting by diving in the Rummu quarry or explore the Pakri Islands on a kayaking trip. www.loode-estee.ee

Service providers

1 PAKRI SAARTE ARENDUSE SA

+372 5697 4118
www.pakrisaared.ee
Trips to Pakri Islands by speedboat
Arabella from Kurkse harbour.

2 PADISE MANOR

+372 608 7877, www.padisemois.ee
Boat rental on the manor's pond,
accommodation, catering.

3 LOOTUUR

+372 506 6951, www.lootuur.ee
Land and water tours, tourist
house.

4 PAKKALDA HOLIDAY CENTRE

+372 5358 6353, www.paekalda.ee
Diving in the Rummu quarry,
boat rides, canoeing, snorkelling,
winter fishing.

NGO LAULASMAA SPORDIKLUBI

+372 5661 4000, +372 5565 5666
<http://laulasmaa.onepagefree.com>
Kitesurfing equipment rental,
training courses.

360 KRAADI

+372 5686 4634, www.360.ee
Kayaking trips to the Pakri Islands.

Ports and harbours

1 KURKSE HARBOUR

100, 1.5 m
+372 671 6232, +372 512 3394
Kurkse, Padise vald
Boat harbour.



2 LOHUSALU MARINA

10, 2.2 m
+372 5340 9442, www.lohusalu.ee
Lohusalu küla, Keila vald
Small harbour, bicycle rental and
art and handicraft store.



Tourist attractions

1 Limestone cliff on the coast of
Pakri Peninsula, lighthouse

2 Vihterpalu Manor
www.vihterpalu.ee

3 Church of the Holy Cross in
Risti, www.ristikirik.ee

4 Koogi Farm Museum
www.koogitalu.weebly.com



5 Padise Monastery
www.padiseklooster.ee

6 Padise Manor
www.padisemois.ee

7 Padise Kastell,
handicraft store

8 Rummu ash hills and
quarry lake
www.paekalda.ee

9 Vasalemma Castle

10 Treppoja cascade

11 Kõltsumanor
www.koltsumois.ee

12 Keila Waterfall

13 Keila-Joa castle Schloss Fall
www.schlossfall.com

14 Harju Madise Church, chapel,
graveyard, www.harjumadise.ee

15 Pakri Landscape Reserve
www.pakrisaared.ee



NORTHERN LÄÄNEMAA

Here you can find kilometres of sandy beaches for surfing, enjoying water activities or a romantic sunset. The landscape and the nature are protected in several national protected areas. Wolves, lynxes, elk and bears as well as cranes, swans, black grouse, wood grouse and eagles feel quite at home here. During the migration period of birds, thousands of arctic water birds fly through here. Estonia's biggest and oldest, the Neugrund meteorite crater, which is located near to Osmussaar in the Baltic Sea, and a couple of shipwrecks on its central plateau offer a thrilling experience to divers. It is worth making a sea trip and sightseeing tour on Osmussaar as a one or two day hiking trip. Place names, such as Birkas, Lyckholm, Österby and others indicate that the region was inhabited by Estonian Swedes until World War II. Even today, you can order a sea trip by boats or sailing ships built according to the traditions of that time. Rowing on historical Viking boats or hiking on kayaks provides a good opportunity for strengthening your arms.



- **ESTONIAN DIVERS CLUB**
+372 5648 2729
www.sukeldujad.ee
Diving camps on Osmussaar for diving in the Neugrund crater.
- **NORTH-WEST GROUP**
+372 5828 5868
www.nw.ee
Sale of kitesurfing equipment and surfing classes.
- **NGO NORDESTNÕVA**
+372 5617 9526
www.nordestnovo.org
Pre-ordered trips by historical Viking boats.

Ports and harbours

- 1 **PORT OF DIRHAMI**
50, 4 m
+372 562 34523, +372 479 7221
www.dirhami.ee
Fishing, trading port and marina.
-
- (100 m) bicycle rental

Tourist attractions

- 1 **Osmussaar**
www.osmussaarereisid.ee
- 2 **RMK Nõva Nature Centre**
- 3 **Põlluotsa Farm Museum**
- 4 **Lyckholm Museum and Saare Manor**
www.saaremois.ee
- 5 **RMK Saare study trail**
- 6 **Österby jetty and fire station**
- 7 **Telise marker towers**
- 8 **Silma Nature Workshop**
- 9 **Rooslepa chapel and cemetery**
www.eelk.ee/noarootsi
- 10 **Koela Farm Museum**



Service providers

- 1 **SAMBLAMAA HOLIDAY HOME**
+372 502 6873
www.samblamaa.com
Motorboat and bicycle rental, accommodation.
- 2 **METSKAPTENI HOLIDAY HOME**
+372 507 2231, www.metskapteni.ee
Boat rental, accommodation.
- 3 **ROOSTA HOLIDAY VILLAGE**
(Roosta Puhkekeskus)
+372 472 5190, +372 525 6699
www.roosta.ee
Surfing and windsurfing course, boat rental.
- **MÕHK JA TÕLPA**
+372 5901 2355
www.matkakeskus.ee
Kayaking trips on Väinameri, kayak rental, paddleboard (SUP) rental.
- **ESTONIAN NATURE TOURS**
+372 5349 6695, www.naturetours.ee
Bird-watching trips on Cape Põõsaspea and in the Silma Nature Reserve.
- **OSMUSSAARE REISID**
+372 5866 9980
www.osmussaarereisid.ee
Regular trips to Osmussaar.



1. Kayaking trip: Spithami Peninsula-Osmussaar. 18 km, 4 h
2. By motorboat: Dirhami-Osmussaar-Dirhami. 18 km, 2 h

3. Kayaking trip: Cape Ramsi in Noarootsi-Norby Harbour in Vormsi. 3 km, 1 h
4. Kayaking trip: Haapsalu-Pullapää-Hobulaid-Pusku. 19 km, 6 h
5. Kayaking trip: Haapsalu-Vormsi-Haapsalu. 25 km, 7 h, stop at Hobulaid islet
6. Haapsalu-Österby Harbour trip by steamboat Kallis Mari. 2 km, 0,5 h

0 2 km



3. Kayaking trip: Cape Ramsi in Noarootsi-Norby Harbour in Vormsi. 3 km, 1 h
 5. Kayaking trip: Haapsalu-Vormsi-Haapsalu. 25 km, 7 h, stop at Hobulaid islet
 7. Kayaking around Vormsi Island. 47 km, 2 days, stops optional



4. Kayaking trip: Haapsalu-Pullapää-Hobulaid-Pusku. 19 km, 6 h
 5. Kayaking trip: Haapsalu-Vormsi-Haapsalu. 25 km, 7 h, stop at Hobulaid islet
 6. Haapsalu-Österby Harbour trip by steamboat Kallis Mari. 2 km, 0.5 h
 8. Kayaking trip on Haapsalu Eeslaht. 8 km, 2 h



VORMSI

Vormsi, located only a 45 minute sea trip away from Rohuküla Harbour, is the fourth largest Estonian island, which was named after the Icelandic Viking Ormi ("snake") according to the legend. Coastal Swedes were the main inhabitants of Vormsi until 1944. The island's versatile nature that is rich in species is a treat to anyone interested in nature. The shallow and warm coastal sea is suitable for kayaking. You can get the best overview of the island by moving around by bicycle. You can rent it straightaway at Sviby Harbour. More information: www.tule-vormsile.ee

Service providers

- 1 **ELLE-MALLE GUESTHOUSE**
+372 5647 2854, www.ellemalle.com
Boat and bicycle rental.
- 2 **RUMPO MÄE FARM**
+372 506 0745, www.rumpomae.ee
Boat and bicycle rental, sailing.
- 3 **REVALEES**
+372 517 8722, www.vormsi.ee/sviby
Boat and bicycle rental at Sviby, water taxi (possible to order it for a trip from Haapsalu), speedboat trips around Vormsi and to the islets.
- 4 **MULTISPORT**
+372 501 2872, www.kajakimatkad.ee
Kayaking trips to Vormsi island.
- 5 **MÕHK JA TÖLPA**
+372 5901 2355
www.matkakeskus.ee
Kayaking trips on Väinameri, kayak rental, paddleboard (SUP) rental.
- 6 **WOODEN BOAT SOCIETY VIKAN**
+372 527 9641, www.vikan.ee
Trips by historical wooden boats and ships, pre-ordered trips.

● **TIKER SAILING, TIKER B&B**
+372 5354 4314, www.tiiker.ee
Pre-ordered trips, trips to Vormsi Island, accommodation.

● **VORMSI PAAT**
+372 5187 190, www.vormsipaat.ee
Pre-ordered trips with historical rowing and sailing boats in Vormsi.

Ports and harbours

1 **SVIBY HARBOUR**
⚓ 14, 🌊 3.8 m. +372 5301 2889
www.saarteliinid.ee/ports/sviby
Sviby küla, Vormsi vald, Lääne maakond

(3,9 km)
bicycle rental

Tourist attractions

www.tule-vormsile.ee

- 1 **St Olav's Church in Vormsi**
- 2 **Vormsi Cemetery**
- 3 **RMK Rumpo Hiking Trail**
- 4 **Vormsi Farm Museum**
www.talumuuseum.vormsi.ee
- 5 **Saxby Lighthouse**
- 6 **Vormsi Landscape Protection Area**



HAAPSALU BAY

On Haapsalu Bay, you can take an amusement ride by a historical steamboat, a Coastal Swedish sailboat, a modern speedboat or a yacht. By ordering a steamboat trip together with bicycle transportation from Haapsalu to Österby Harbour in Noarootsi, you can combine a sea trip with a bicycle tour. If the wind conditions are good, the bays with warm shallow water are full of kitesurfers. If the weather is calmer, you can set out on a kayaking trip in coastal waters or row to Hobulaid.

Service providers

- 1 **PUSKU TOURISM FARM**
+372 5623 8506, <http://pusku.ee/>
Floating sauna rental at sea, fishing trips, accommodation.
- 2 **HAAPSALU SAILING SCHOOL AT VESKIVIIGI HARBOUR**
+ 372 506 6979, www.hpsk.ee
Sailing by children's sailboat Optimist.
- 3 **STEAMBOAT KALLIS MARI**
+372 5396 1396, www.salm.ee
Steamboat trips on Haapsalu Bay, pre-ordered trips.
- 4 **SURF CLUB SURFAR**
+372 5192 8802, www.surfar.ee
Windsurfing and kitesurfing class with an instructor, surfing equipment rental.
- 5 **MILTRANS**
+372 523 0508, www.leedritalu.ee
Water taxi service, speedboat rides.

Ports and harbours

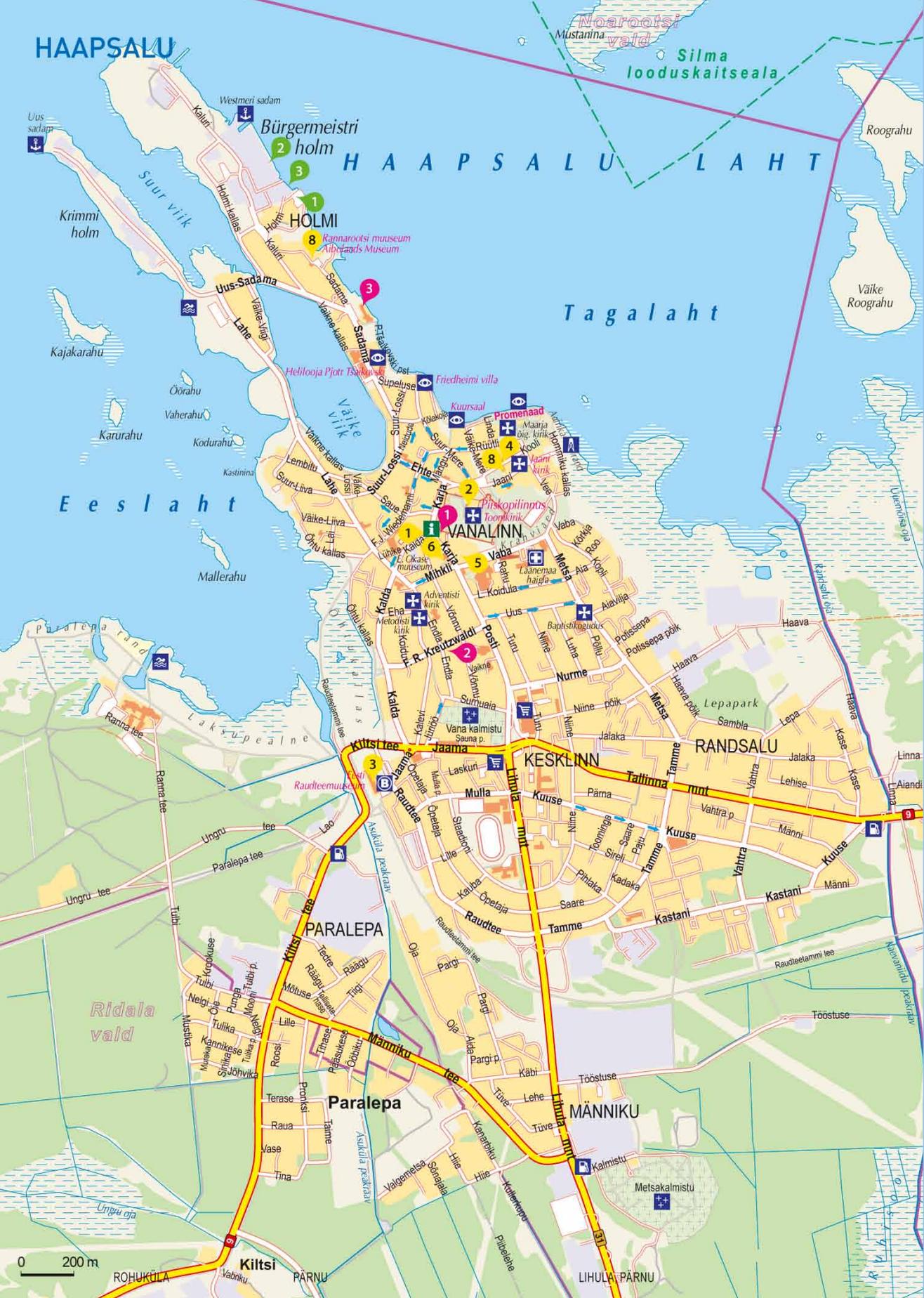
1 **ÖSTERBY HARBOUR**
⚓ 8, 🌊 1 m
+372 472 4359, vw@noavv.ee
Fishing and boat harbour.

Tourist attractions

- 1 **24h information kiosk**
www.visithaapsalu.com
- 2 **Paralepa forest tracks**
www.framare.ee
- 3 **Läänemaa Health Path**
www.tervisetee.blogspot.com
- 4 **Ungru Manor**
- 5 **Kiltsi airfield**
+372 717 9949
Entrance with the permission of the Estonian Defence League.
- 6 **Österby jetty and fire station**
- 7 **Pürksi Manor**
- 8 **Silmas Mäcibu maja**
www.silmalk.ee
- 9 **Silma Nature Workshop**

Haapsalu Tourist Information Centre
+372 473 3248
Karja tn 15, Haapsalu
haapsalu@visitestonia.com
www.visithaapsalu.com

HAAPSALU



HAAPSALU

With islets, peninsulas and islands a short distance away, there are opportunities for exciting kayaking trips. The marinas are not only for yachtsmen and speedboat owners – all guests are welcome at their good restaurants. Those who are interested can obtain information regarding boat or sailing yacht rental at the same place. A steamboat unique in Estonia, Coastal Swedish wooden ships, a modern sailboat or a speedboat are available for a pleasant round trip on Haapsalu Bay.



HYDROBIKE RENTAL ON VÄIKE VIKK
+372 5459 0342

Ports and harbours

1 VESKIVIIGI HARBOUR

10, 1.8 m
+372 524 7533
www.haapsalujahhtklubi.ee



bicycle, boat rental, pre-ordered trips with speedboat

2 WESTMER MARINA

35, 2.5 m
+372 5303 9129
<http://ain366.wix.com/westmer5>
Westmeri 1, 90502 Haapsalu



3 GRAND HOLM MARINA

30, 2.5 m
+372 565 2887
www.grandholm marina.ee
Westmeri 3, Haapsalu



car rental

Service providers

1 TEERISTI VILLA GUEST APARTMENT IN HAAPSALU

+372 5888 0888, www.teeristivilla.ee
Kitesurfing classes, accommodation.

2 TIKER SAILING, TIKER B&B

+372 5354 4314, www.tiiker.ee
Pre-ordered trips, trips to Vormsi Island, accommodation.

3 STEAMBOAT KALLIS MARI

+372 5396 1396, www.salm.ee
Steamboat trips on Haapsalu Bay, pre-ordered trips.

MÕHK JA TÕLPA

+372 5901 2355
www.matkakeskus.ee
Kayaking trips on Väinameri, kayak rental, paddleboard (SUP) rental.

WOODEN BOAT SOCIETY VIKAN

+372 527 9641, www.vikan.ee
Trips by historical wooden boats and ships, pre-ordered trips.

NORTH-WEST GROUP

+372 5828 5868, www.nw.ee
Sale of kitesurfing equipment and surfing classes.

NORDSAIL

+372 5669 9919, www.nordsail.ee
Pre-ordered trips, yacht rental, sailing holiday.

SURF CLUB SURFAR

+372 5192 8802, www.surfar.ee
Windsurfing and kitesurfing class with an instructor, surfing equipment rental.

Tourist attractions

1 24h information kiosk
www.visithaapsalu.com

2 Haapsalu Bishop's Castle and Cathedral
www.haapsalulinnus.ee

3 Historical railway station, Railway and Communications Museum
www.salm.ee

4 Ilon's Wonderland
www.ilon.ee

5 Haapsalu Lace Centre
www.haapsalusall.ee

6 Evald Okas Museum
www.evaldokasemuuseum.ee

7 Museum of the Coastal Swedes
www.aiboland.ee

8 Haapsalu Town Hall
www.salm.ee

i Haapsalu Tourist Information Centre
+372 473 3248
Karja tn 15, Haapsalu
haapsalu@visitestonia.com
www.visithaapsalu.com





SOUTHERN LÄÄNEMAA

Southern Läänemaa is the gateway to Saaremaa thanks to a ferry harbour located in Virtsu. Around here, it is also possible to access the sea at several small harbours, various landing places, make a sea trip to Kesselaid or a ferryboat tour to Kuivastu, ride a boat or canoe on Suitsu, Tuudi or Kasari River, kayak to Tauski Island or on the coastal sea between the islets in the vicinity of Virtsu and Pivarootsi. Puise, Kiideva and Haeska are traditional fishing villages, where even today fishermen go out to sea to catch fish in the morning. You can taste the result at the pub Kogre Kõrts on Puise Nina, for instance.

Service providers

1 PUISE NINA GUESTHOUSE AND PUB KOGRE KÕRTS

+372 511 7246
www.puisenina.ee
Fishing trips, sea trips by fishing boat.

2 PUSKU TOURISM FARM

+372 5623 8506
www.pusku.ee
Floating sauna rental at sea, fishing trips, accommodation.

3 LAURI-ANTSU TOURIST FARM

+372 509 3002, www.lauriantsu.ee
Boat and sailing boat rental, fishing.

PAALI-TÕNIS TOURIST FARM

+372 504 2164, www.paalitonise.ee
Canoe rental, canoe trips, nature trips.

ESTONIAN NATURE TOURS

+372 477 8214, +372 5349 6695
www.naturetours.ee
Canoe trips, study trips, outings.

MÕHK JA TÕLPA

+372 5901 2355
www.matkakeskus.ee
Kayaking trips on Väinameri, kayak rental, paddleboard (SUP) rental.

WOODEN BOAT SOCIETY VIKAN

+372 527 9641
www.vikan.ee
Trips by historical wooden boats and ships, pre-ordered trips.

VIIRESTE

+372 5669 6785
unotali61@gmail.com
Sea trip to Kessu Island.

360 KRAADI

+372 513 7141, www.360.ee
Bog- and snowshoeing, kayaking trips, nature-watching, team games.

PEETER SIRGE

+372 514 1542
www.koolitus.peetersirge.ee
Photography trips, courses.

KAAREL RAUDKIVI; TIIT MEEL

+372 514 9386, +372 5663 6557
Boat ride on Kasari and Suitsu River.

NORDSAIL

+372 5669 9919, www.nordsail.ee
Pre-ordered trips, yacht rental, sailing holiday.

Ports and harbours

1 ROHUKÜLA HARBOUR

🚢 15, 🚤 4.7 m
+372 515 5253
www.saarteliinid.ee/ports/rohukyla
Lääne maakond, Rohuküla küla, Ridala vald



2 VIRTSU HARBOUR

🚢 20, 🚤 3.5 m
+372 5344 3945
www.saarteliinid.ee/ports/virtsu
Tallinna maantee 1, Virtsu alevik, Hanila vald
🚢 Ferry harbour and marina.

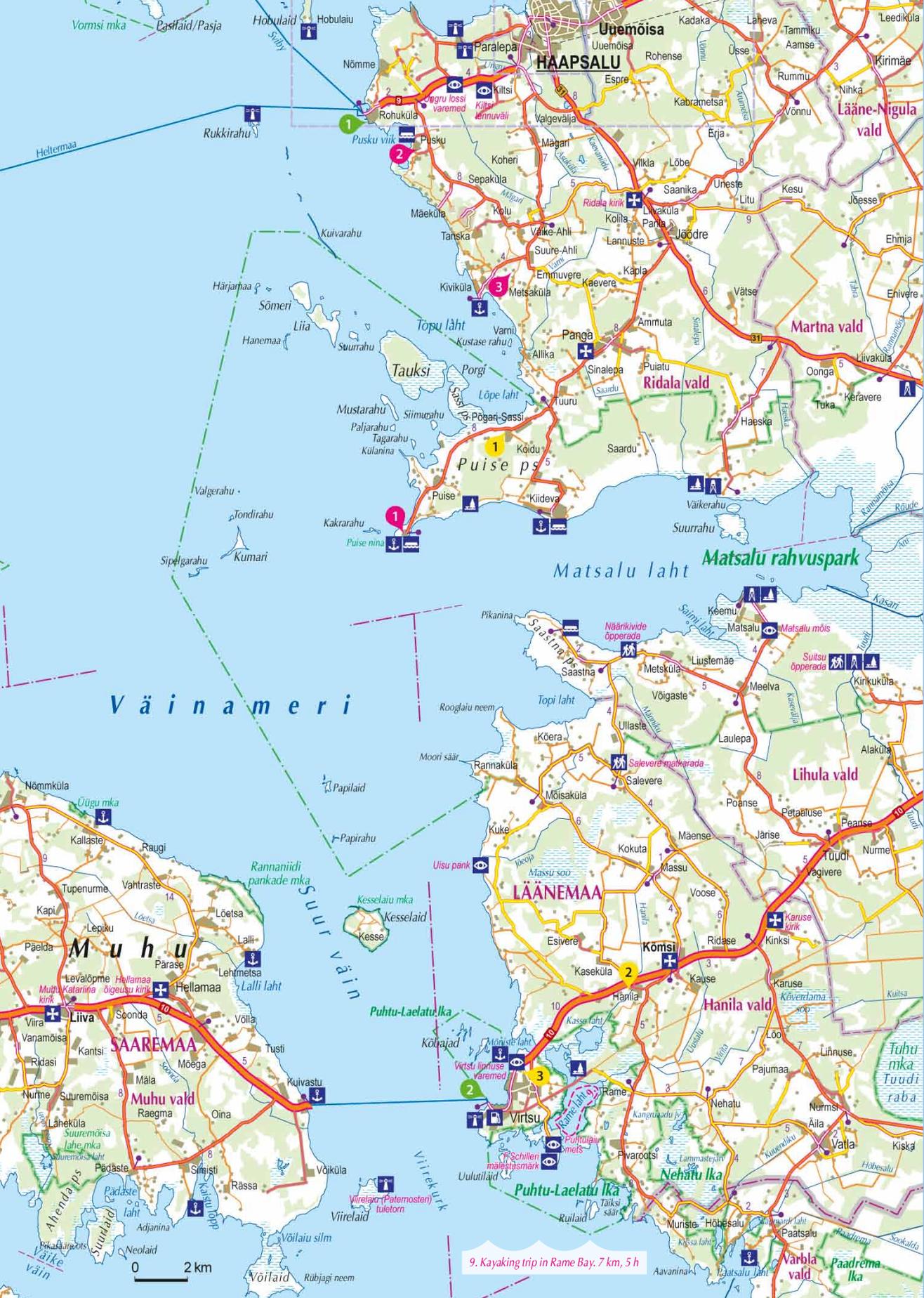


🚢 (200 m)



Tourist attractions

- 1 Põgari House of Prayer
- 2 Hanila Museum, named for August Tampärg
www.hanilamuseum.ee
- 3 Kirsi Museum in Virtsu
www.kirsimuseum.ee
- Matsalu National Park (centre at Penijõe Manor)
www.matsalu.ee
- Kasari River and a historic bridge
www.matsalu.ee
- Keskvere Manor
www.keskvere.ee
- Kirbla Church
www.muuseum.lihula.ee
- Lihula castle ruins
www.muuseum.lihula.ee
- Lihula Tourist Information Point in Lihula Manor



9. Kayaking trip in Rame Bay. 7 km, 5 h

NORTHERN COAST OF HIIMUMAA

L Ä Ä N E M E R I

RMK recreation areas and nature trails are the perfect place for a stopover in this wild and beautiful part of Hiiumaa for guests who have a close relationship with the sea.



Kõpu and Tahkuna Peninsula with their fantastic open coastline are the dream of every vacationer and it is also the Mecca of surfers. Depending on the direction of the wind, every surfing enthusiast will find a beach ideal for having fun with a sailboard or a kite. The region is adorned by beauties, such as the Tahkuna, Kõpu and Ristna lighthouses, where everyone can also explore the horizon from the top.

Service providers

- 1 ROOGRAHU FLOATING SAUNA**
+372 5687 3757
- 2 SURF PARADIIS**
+372 505 1015, www.paap.ee
Water sports and adventure centre, accommodation at Paradiisi Villa.
- 3 HIJU JORN PAUKA HOLIDAY HOME**
+372 504 0967
www.paukapuhkemaja.ee
Boat rental, fishing, boat rides.
- 4 KALANA HOLIDAY VILLAGE**
+372 5382 1844, www.kalana.ee
Water skiing, kayak and pedal boat rental, sea cruises by speedboat, slip.

- 5 HIIMUMAA SURF CLUB**
+372 5354 1486, +372 509 7179
www.hiisurf.eu
Surf spots in Hiiumaa.
Surfing courses for beginners.

Ports and harbours

- 1 KÄRDLA MARINA**
60, 3.2 m
+372 5624 7818
marina.kardla.ee
Sadama 28/30, Kärkla
Guest harbour.



caravan parking

- 2 ROOGRAHU GUEST HARBOUR**
15, 2 m
+372 5306 6615, www.roograhu.ee
Roograhu, Hiissaare küla, Pühalepa vald
Guest, yacht, boat harbour.



- 3 KÕRGESSAARE HARBOUR**
20, 2.5 m
+372 504 9165
best.holding@gmail.ee
Kõrgessaare, Hiiu vald
Fishing harbour.
In service starting from 2016.



- 4 SUURSADAM HARBOUR**
20, 2.0 – 3.5 m
+372 526 5619
suursadam@gmail.com
Suuresadama küla, Pühalepa Vald
Shipyard harbour.



Tourist attractions

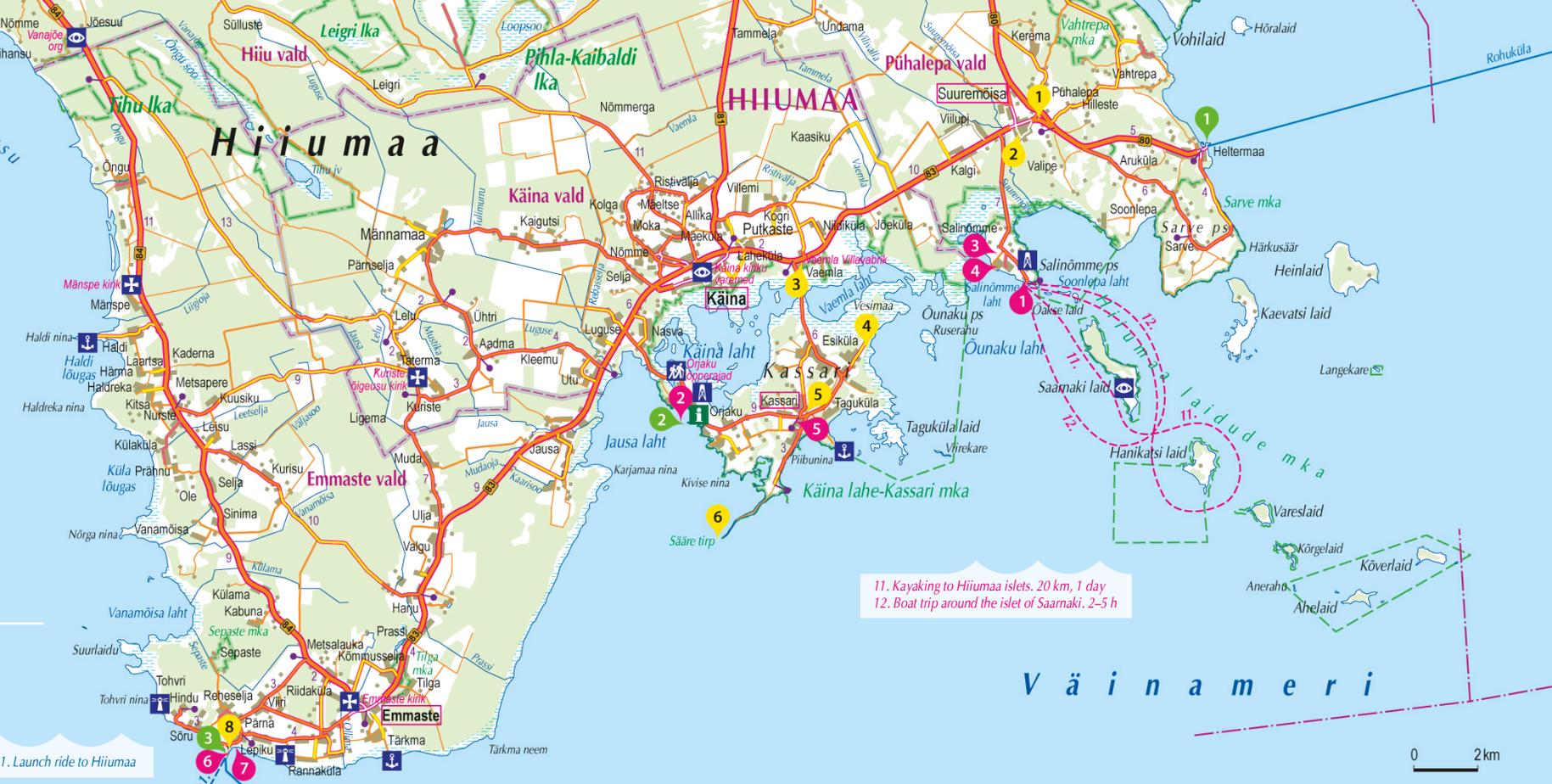
- 1 Tahkuna Lighthouse**
- 2 Kõpu Lighthouse**
- 3 Ristna Lighthouse**

- 4 Hiiumaa Military Museum**
+372 5347 9819
info@militaarmuseum.ee
- 5 Reigi Church**
- 6 RMK Ristna Nature Centre**
+327 676 7499, +327 5300 0991
ristna.looduskeskus@rmk.ee
- 7 Surf spot in the Northern Bay of Ristna**
S-SW, side-off wave (port tack)
- 8 Surf spot in the Western Bay of Ristna (Paabulaht) NW-N, side-off wave (starboard tack)**
- 9 Surf spots in Paope**
W-NW, side-on wave
- 10 Surf spots in Tõrvanina**
NE-E, freeride, side-on wave
- 11 Soera Farm Museum and Palade Stone House**
+372 5666 6895
www.soeratalumuuseum.eu



L Ä Ä N E M E R I

It is possible to fish throughout the year, using a net or a weir, and a trolling competition is held as part of the Tuulekala Festival every spring. In winter, people engage in fishing under ice.



11. Kayaking to Hiiumaa islets. 20 km, 1 day
12. Boat trip around the islet of Saarnaki. 2-5 h

SOUTHERN COAST OF HIIMUMAA

1. Launch ride to Hiiumaa

The sea on the southern coast of Hiiumaa is shallow, warm and safe. Here, the winds are changeable, the bays creekly and there are many dangerous stones, rocks and shallows in the water. These waters are more suitable for rowing and enjoying the sea on a kayak, boat or hydrobike.

Service providers

- 1 SAARNAK**
+372 5383 4083
www.paadigahiiumaalaidudele.eu
Boat trips to the islets of Hiiumaa Salinõmme Harbour.
- 2 HIIU SAILING SHIP SOCIETY**
+372 518 7580, www.hps.ee
Traditional events connected to the sea. Various water tourism services. Sailboat rental. Orjaku Harbour.



- 3 MERETALU**
+372 528 8052, +372 515 8381
<http://meretalu.weebly.com>
Boat rental. Boat trips to the islets of Hiiumaa. Salinõmme küla.
- 4 FIE ARNE KULI**
+372 5656 1157
www.paadigalaiule.eu
Boat trips to the islets of Hiiumaa. Salinõmme küla.
- 5 KASSARI HOLIDAY CENTRE**
+372 469 7169
www.kassarikeskus.ee
Boat and speedboat rental
- 6 PRUULIKODA**
+372 504 5341, www.pruulikoda.eu
Floating sauna, boat rides.
- 7 KALURI HOLIDAY HOME**
+372 501 8224
www.kaluripuhkemaja.ee
Boat rental, boat rides.



Ports and harbours

- 1 HELTERMAA HARBOUR**
41, 2.0 – 2.8 m
+372 523 7633
www.saarteliinid.ee/ports/heltermaa
Heltermaa, Pühalepa vald
Guest harbour.

2 ORJAKU HARBOUR

- 45, 2.7 m
+372 529 9414
www.orjakusadam.eu
Orjaku, Käina vald
Small boat harbour.

3 SÕRU HARBOUR

- 25, 1.8 – 2.4 m
+372 462 2443
www.saarteliinid.ee/ports/soru/
Small boat harbour.

Tourist attractions

- 1 Pühalepa Church**
- 2 Suuremõisa Visitor Centre**
- 3 Vaemla Wool Factory**
www.hiivill.ee
- 4 Kassari Chapel**
- 5 Kassari Exhibition House**
- 6 Sääre tirp**
- 7 Surf spots in Suureranna**
SE-SW, freestyle, freeride
- 8 Sõru Seaside center**



Kärđla is a harbour town and it is the harbour that is teeming with life in the summers. It never gets boring here, big and small yachts come and go. Young people get acquainted with the sea on sailboards and racing yachts. There is always an access to the sea and the harbour always welcomes guests!

Kärđla is a green garden city at the seaside. The wind is always blowing here, keeping life here in an eternal motion! Kärđla is the home of the Café Day and the magical world of artesian wells, earth cellars and bridges awaits you on a stroll around the town. Few people know that Kärđla is of celestial heritage. The small town is located on the western edge of a crater created by a meteorite explosion 455 million years ago and thanks to this there are many ditches full of alder trees and crystal clear artesian springs here.

Service providers

- 1 TIIT REISID**
+372 5014266, www.tiitreisid.ee
Boat trips in Tareste Bay. Seal-watching.
- 2 O RING DAGEIDA DIVERS CLUB**
+372 518 4332
martin@hansaliinid.ee
Diving spots in Hiiumaa. Surfing courses for beginners.
- 3 YACHT CLUB DAGO**
+372 554 3158
<http://dago.edicypages.com/>
Sailing courses.
- 4 YACHT SERVICE KÄRDLA**
www.yachts-service.ee
Sadama tn 30a, Kärđla Hiiu vald
Maintenance and repair of vessels.
- 5 KALURIKODU**
+372 5647 7436, www.kalurikodu.ee
Lodju 19, Kärđla
Boat rental, fishing.



Ports and harbours

- 1 KÄRDLA MARINA**
⚓ 60, 🌊 3.2 m
+372 5624 7818, marina.kardla.ee
Sadama 28/30, Kärđla
○ Guest Harbour.



caravan parking



Tourist attractions



- 1 Long House of the Hiiumaa Museum**
+372 463 2091
www.muuseum.hiiumaa.ee
- 2 Artesian well**
- 3 Kärđla Church**
- 4 Kärđla Factory Square**
Small cafes and handicraft workshops.

- 5 Kärđla Fire Station**
- 6 Hiiumaa Surfclub**
+372 5354 1486, +372 509 7179
www.hiisurf.eu

i Hiiumaa Tourist Information Centre
+372 462 2232
www.visithiiumaa.com
hiiumaa@visitestonia.com

NORTHERN SAAREMAA

L Ä Ä N E M E R I



Beautiful coastal limestone cliffs and RMK hiking trails invite you to explore the charm of Saaremaa. Abundant opportunities to engage in water tourism – fishing trips, sea trips, diving, water sports and boat rides on the exquisite coastline – make your vacation unforgettable!



Service providers

- 1 ALLIKA VILLA**
+372 520 8015, www.allikavilla.ee
Fishing, sea kayaks, accommodation.
- 2 KARUJÄRVE CAMPING**
+372 454 2181
www.karujarve.ee
Boat rental, accommodation.
- 3 PORT OF KOGUVA FISHING TRIPS**
+372 513 3446, www.koguva.ee
Fishing.

- 4 KÕUE-MARDI TOURIST FARM**
+372 506 6740, www.kouemardi.ee
Fishing, launch rides, accommodation.
- 5 OJA CAMPING**
+372 5694 8801, www.ojacamping.ee
Boat trips, diving, water sports, accommodation
- 6 PANGA SCUBA DIVING RESORT**
+372 5669 2009, www.panga.ee
Diving, sea trips, water sports, accommodation.

- 7 SAAREPUHKUS**
+372 5662 7637
www.saarepuhkus.ee
Fishing, canoe trips, paintball, diving, launch rides, accommodation.
- 8 ISLANDER**
+372 5667 1555, +372 515 5100
www.islander.ee
Sea trips, accommodation.
- BARRAKUUDA DIVING**
+372 5697 8810
www.barrakuuda.ee
Diving.
- 360 KRAADI**
+372 5663 2979
www.360.ee
Canoe trips.

Ports and harbours

- 1 TRIIGI HARBOUR**
15, 3.1 m
+372 504 6819
Triigi küla, Leisi vald
o Guest harbour, trading port, marina.
- 2 PORT OF KOGUVA**
15, 1.8 m
+372 513 3446
Koguva küla, Muhu vald
o Guest harbour, marina.



- 3 VEERE HARBOUR**
15, 3.5 m
+372 527 6699, Veere küla, Kihelkonna vald
o Trading port, marina.
- 4 SAAREMAA HARBOUR**
30, 5 m
+372 503 3208
www.portoftallinn.com/saaremaa-harbour
Ninase küla, Mustjala vald
o Cruise harbour, marina, boat harbour.

Tourist attractions

- 1 Angla Windmill Mount and Heritage Culture Centre**
www.anglatuulik.ee
- 2 Military Equipment Museum of Saaremaa**
www.sojavaramuseum.ee
- 3 Muhu Museum**
www.muhumuseum.ee
- 4 Muhu St Catherine's Church**
- 5 Koguva Fishing Museum**
www.koguva.ee
- 6 Muhu Jaanalind (ostrich farm)**
www.jaanalind.ee
- 7 Ruins of Maasi Fort-Castle**
- 8 St Mary's Church in Põide**
- 9 Koigi Bog**
- 10 Karja Catherine Church**
- 11 Panga Cliff**
- 12 Ninase windmills**
- 13 Odalätsi springs**



WESTERN SAAREMAA

The oldest protected area in the Baltic countries awaits you – Vilsandi with its beautiful islands in the sea. Boat and kayak rides between the small islands are a memorable experience. The highlight of the fun sea trip is an encounter with seals. You can walk along hiking trails in the Loode oak forest, the Viidumäe ecological reserve and on the Harilaid peninsula that has a leaning lighthouse.



2 LÖMALA HARBOUR

27, 1.7 m
+372 5647 2104
www.lomalasadam.ee
Lõmala küla, Salme vald
Marina, boat harbour.



3 ABRUKA HARBOUR

15, 2.5 m
+372 453 3619
www.slmarinas.ee/home/abruka/
Abruka küla, Lääne-Saare vald
Marina, passenger harbour.



4 KURESSAARE HARBOUR

132, 2.5 m
+372 503 1953
www.kuressaare.ee/sadam
Tori 4, 93813 Kuressaare
Marina.



Service providers

1 ISLANDER
+372 5667 1555, +375 515 5100
www.islander.ee
Sea trips, accommodation.

2 KARUJÄRVE CAMPING
+372 454 2181, www.karujarve.ee
Boat rental, accommodation.

3 KIPI HOLIDAY HOUSE
+372 5340 7826, www.hot.ee/kipi
Boat rental, accommodation.

4 LEPAMETSA HOLIDAY HOUSE
+372 510 9390, www.lepametsa.ee
Sea trips, accommodation.

5 MÄNDJALA SURFCLUB
+372 5564 3893
www.mandjalasurfclub.com
Kitesurfing, stand up paddle surfing.

6 MARDI TOURIST FARM
+372 504 7250, www.marditalu.ee
Boat rental, accommodation.

7 SAAREMAA SURFCLUB
+372 511 9658
www.saaremaasurf.ee
Windsurfing.

8 SAAREPUHKUS
+372 5662 7637
www.saarepuhkus.ee
Fishing, canoe trips, paintball, diving, launch rides, accommodation.

9 TOOMALÕUKA TOURIST FARM
+372 5646 6567
www.toomaloukatourism.ee
Fishing, snorkelling, sea kayaking trips, accommodation.

10 VÄSTRIKU HOLIDAY HOUSE
+372 518 3187
www.ahoiwastriku.ee
Canoe trips, sea trips, accommodation

Ports and harbours

1 MÕNTU HARBOUR
10, 3.4 m
+372 514 5578
Mõntu küla, Torgu vald
Guest harbour, trading port, marina.



Tourist attractions

1 Sõrve Visitor Centre
www.sorvekeskus.ee/
kulastuskeskusest

2 Vilsandi National Park Centre
+372 454 6880
www.loodusegakoos.ee/kuhuminna/rahvusparkid/vilsandi-rahvuspark/1737

3 Mihkli Farm Museum
www.saaremaamuuseum.ee/filialid/mihkli-talumuuseum/

4 Site of the ancient Salme ship
5 Sõrve Military Museum

6 Lõmala Harbour Visitor Centre
7 Saaremaa Lime Park
+372 51 56 165
www.limex.ee/lubjapark/

8 St Michael's Church in Kihelkonna



Restrictions on movement throughout the year

13. Kayaking trip to Vilsandi Island. 30 km, 2 days

2. Launch ride to Loonalaid
3. Launch ride to Vilsandi Island

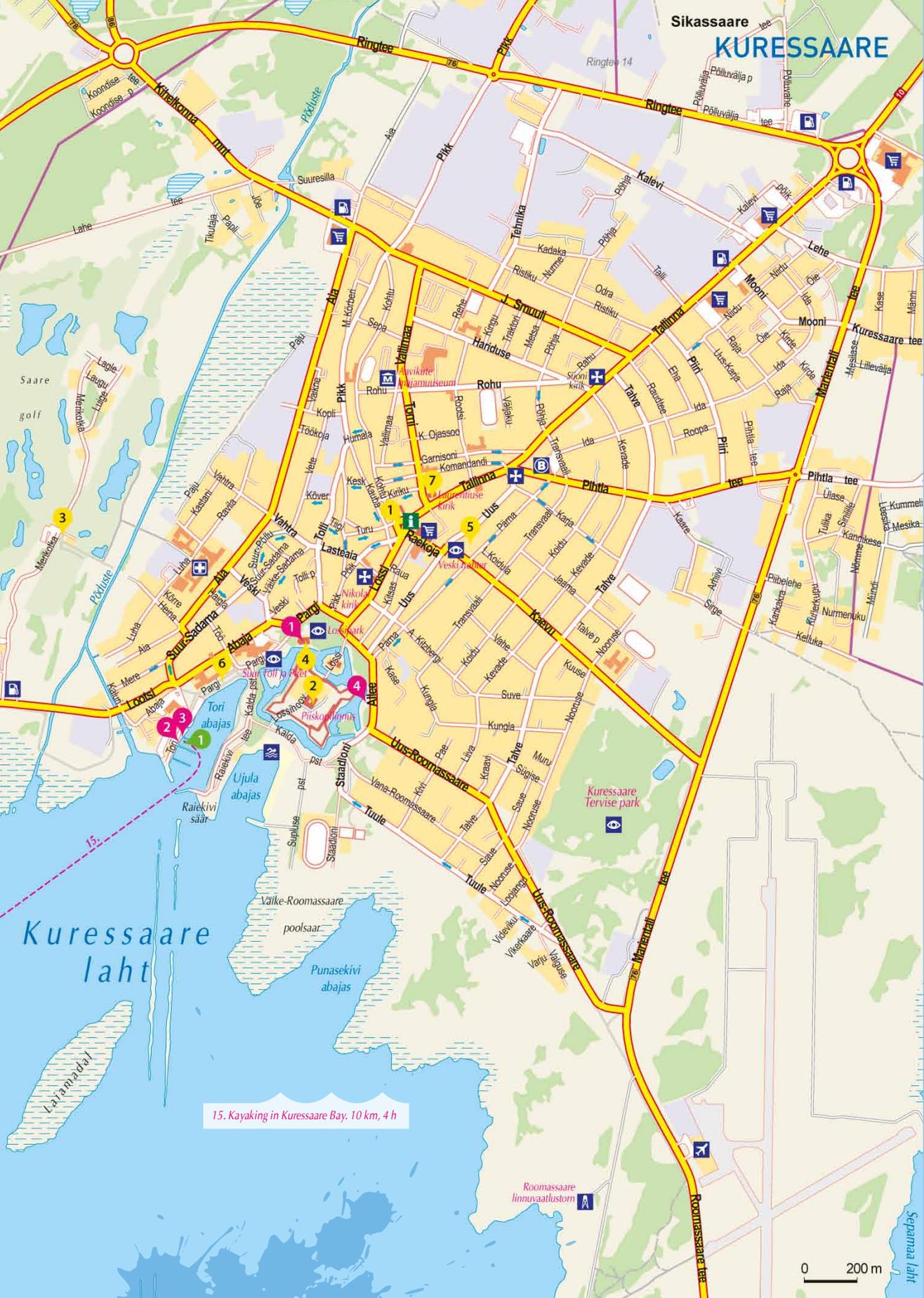
14. Kayaking to Abruka and back. 18 km, 6 h

4. Tuule Villa's sea trip to Abruka Island. 18 km, 2 h



KURESSAARE

Kuressaare allures with its lovely architecture, charmingly friendly residents and enjoyable atmosphere. Cozy cafes on the main and side streets; playgrounds for children and young people; historical spa traditions; Opera Festival, Maritime Festival and Chamber Music Days; sporting opportunities on health tracks and on more than 20 km of cycle paths, and a full-size golf course, not to mention a gorgeous beach next to a mystical castle and a marina practically in the middle of the town – Kuressaare, the town in the whirl of favorable sea winds, lets this and much more captivate the senses of those who have arrived there by land, sea or air.



Service providers

- 1 KURESSAARE KUURSAAL'S BOAT RENTAL**
+372 554 1067
www.kuressaarekuursaal.ee
Boat rental, catering, accommodation.
- 2 PRINGELDIVERS**
+372 521 5434
www.pringeldivers.com
Sea trips, diving
- 3 TUULE VILLA'S SEA TRIPS**
+372 566 45080, www.tuulevilla.ee
Launch rides to Abruksa, accommodation.

- 4 ZURRAMURRA BOAT RENTAL**
Boat rental, bicycle rental.

Ports and harbours

- 1 KURESSAARE HARBOUR**
132, 2.5 m
+372 503 1953
www.kuressaare.ee/sadam
Tori 4, 93813 Kuressaare
o Marina.



Tourist attractions

- 1 Kuressaare Town Hall**
+372 453 3120, www.kuressaare.ee
- 2 Kuressaare Episcopal Castle**
+372 455 4463
www.saaremaamuseum.ee
- 3 Golf course**
+372 5305 1702, www.saaregolf.ee
- 4 Kuressaare Town Park and Kuursaal**
+372 554 1067
www.kuressaarekuursaal.ee
- 5 Saaremaa Windmill**
www.saaremaaveski.ee
- 6 Suur Tõll and Piret**
- 7 St Laurence Church**

i Kuressaare Tourist Information Centre
+372 453 3120
www.visitestonia.com
kuressaare@visitestonia.com



15. Kayaking in Kuressaare Bay. 10 km, 4 h



SOUTHERN SAAREMAA AND MUHU ISLAND

Beautiful small harbours are waiting for you on the island where the time stops, and a compulsory stopover for every self-respecting seafarer is the Koguva Fishing Museum. Adventurous hikers can make a canoe tour around Muhu Island. The Koigi Landscape Conservation Area offers you very different views of the nature of the island and in Kaali you can see a unique meteorite crater.

Service providers

1 PORT OF KOGUVA FISHING TRIPS

+372 513 3446, www.koguva.ee

2 KUNGLA HARBOUR BOAT RENTAL

+372 5341 1457
www.kunglasadam.ee

3 LÕUNARANNA HARBOUR BOAT AND LAUNCH RENTAL

+372 503 6640
www.lounaranna.ee

4 MUHU CANOEING

+372 503 2010, www.puhkamuhus.ee
Canoe trips, accommodation.

5 PRINGELDIVERS

+372 521 5434
www.pringeldivers.com
Sea trips, diving.

6 TUULE VILLA'S SEA TRIPS

+372 5664 5080, www.tuulevilla.ee
Sea trips to Abruka, accommodation.

360 KRAADI

+372 5663 2979, www.360.ee
Sea trips.



Ports and harbours

1 PORT OF KOGUVA

⚓ 15, 🌊 1.8 m
+372 513 3446, www.koguva.ee
Koguva küla, Muhu vald
○ Guest harbour, marina.



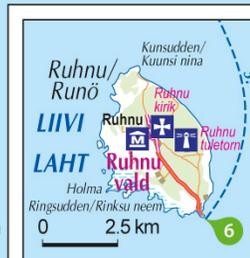
16. Canoeing around Muhu Island

0 2.5 km



4. Tuule Villa's sea trip to Abruka Island. 18 km, 2 h
5. Pringeldivers' trip to Ruhnu Island

14. Kayaking to Abruka and back. 18 km, 6 h



0 2.5 km

2 KUIVASTU HARBOUR

⚓ 50, 🌊 3.5 m
+372 5400 4131
www.saarteliinid.ee/ports/kuivastu/
Kuivastu küla, Muhu vald
○ Guest harbour, marina, passenger harbour.



3 LÕUNARANNA HARBOUR

⚓ 12, 🌊 2.1 m
+372 503 6640
www.lounaranna.ee
Simisti küla, Muhu vald
○ Marina.



4 ROOMASSAARE HARBOUR

⚓ 60, 🌊 3 m
+372 5345 1755
www.slmarinas.ee/home/roomassaare/
Roomassaare tee 12, Kuressaare
○ Trading port, passenger harbour, marina, guest harbour.



5 KUNGLA HARBOUR

⚓ 23, 🌊 1.3 m
+372 5341 1457
www.kunglasadam.ee
Kungla küla, Valjala vald
○ Marina.



6 RINGSU HARBOUR

⚓ 30, 🌊 2.7 m
+372 509 6239
www.slmarinas.ee/home/ringsu/
Ruhnu, Ruhnu vald



Tourist attractions

- 1 Military Equipment Museum of Saaremaa
+372 454 5095
www.sojavaramuuseum.ee
- 2 Muhu Museum
+372 454 8872
www.muhumuuseum.ee
- 3 Pädaste Manor
+372 454 8800, www.padaste.ee
- 4 Koigi Bog
- 5 Muhu St Catherine's Church
- 6 Koguva Fishing Museum
+372 513 3446, www.koguva.ee
- 7 Muhu Jaanalind (ostrich farm)
+372 452 8148, www.jaanalind.ee
- 8 Ruins of Maasi Fort-Castle
- 9 St Mary's Church in Pöide
- 10 Kaali field of meteorite craters
- 11 St Jacob's Church
- 12 St Martin's Church in Valjala



TÕSTAMAA, VARBLA AND KIHNU ISLAND

In this area several landscape conservation areas have been established in order to preserve the beautiful nature. The Kihnu Strait, located between the Tõstamaa coastline and Kihnu Island, is an internationally significant staging area, stopover and resting site of birds. Kihnu and Manija Island are home to the unique indigenous culture of Kihnu that has existed here on the coastal islands of Pärnu County already for more than 600 years and is in the UNESCO spiritual and oral world heritage list.

Service providers

- 1 KASTNA BAAS**
+372 508 4529, www.kastna.ee
Boat rental, diving, kayaking.
- 2 MERELAIU HOLIDAY VILLAGE**
+372 553 0850, www.hot.ee/m/merelaiu/
Boat rental, boat trips, pedalo rent.
- 3 PAATSALU HOLIDAY CENTRE**
+372 513 8000
www.paatsalupuhkekeskus.ee
Boat rental.
- 4 LAKE TÕHELA HOLIDAY VILLAGE**
+372 514 5000
www.tohelajarvepuhkekylla.ee
Boat, canoe, pedalo rental.
- 5 VARBLA HOLIDAY VILLAGE**
+372 506 1879
www.varblapuhkekylla.ee
Boat canoe, pedalo rental.
- 6 ERMISTU HOLIDAY VILLAGE**
+372 5629 7627, www.ermistu.ee
Boat rental, pedalo rent.
- 7 SURFHUNT**
+372 565 5606, www.surfhunt.ee
Windsurfing and training.
- 8 SEIKLE VABAKS**
+372 5650 0550
www.seiklewabaks.ee
Kayaking trips, sailing.
- 9 ANTSU FISHING FARM**
+372 529 5109
www.kalastustalu.ee
Boat trips, fishing trips.
- 10 TOLLI TOURIST FARM**
+372 527 7380, www.kihnukallas.ee
Boat trips, fishing trips.
- 11 PIHLAKA BED & BREAKFAST**
+372 528 8258
www.pihlakamajutus.ee
Boat trips, fishing trips, "kirkkoven" (long rowing boat) trips.

- 12 ROCK CITY**
+372 5626 2181, www.rockcity.ee
Boat trips.
- 13 RIIDA TOURIST FARM**
+372 505 5340, www.manilaid.ee
Fishing trips, boat rental.
- 14 PUHKA KIHNUS**
+372 513 7099
www.puhkakihnus.ee
Fishing trips, bicycle rental.
- 15 KIHNURAND**
+372 525 5172, www.kihnurand.ee
Fishing trips, bicycle rental.
- 16 VISIT KIHNU BIKE RENTAL**
+372 5621 8860
www.visitkihnu.com
Boat rental, boat trips, bicycle rental.

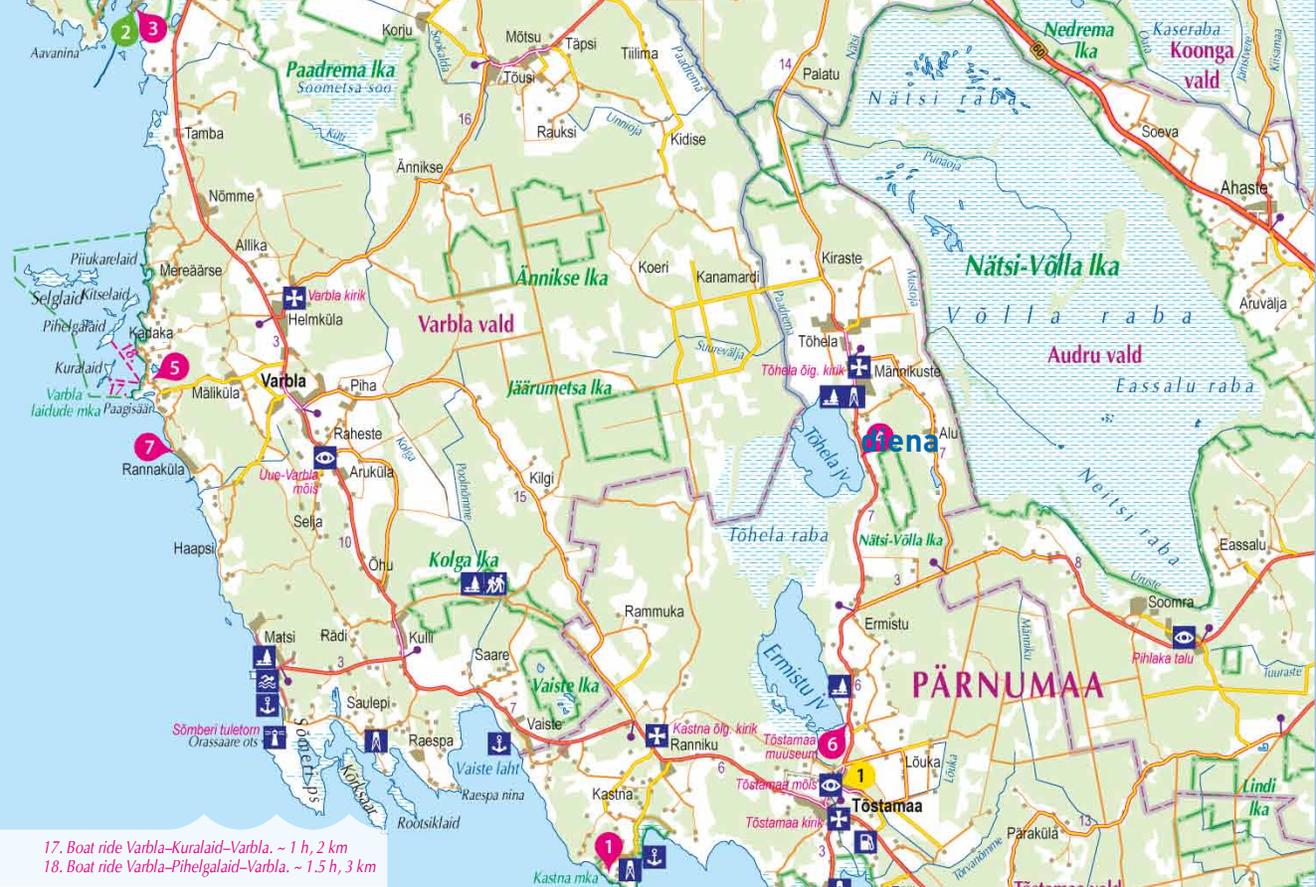
Ports and harbours

- 1 MERELAIU HARBOUR**
10, 2.4 m
+372 553 0850
merelaiu@hotmail.ee
Tõlli küla, Tõstamaa vald
Boat and guest harbour.
- 2 PAATSALU HARBOUR**
1.5 m
+372 513 8000
info@paatsalupuhkekeskus.ee
Paatsalu küla, Varbla vald
Small harbour, boat and fishing harbour.
- 3 LAO HARBOUR**
12, 1 m
+372 505 6816, laht@laht.ee
Lao küla, Tõstamaa vald
Small harbour, boat and fishing harbour.

- 4 MUNALAIU HARBOUR**
40, 2.4 m
+372 5332 8095
munalaiusadam@hotmail.ee
www.saarteliinid.ee
Lao küla, Tõstamaa vald
Marina, guest, ferry and fishing harbour.
- 5 MANILAIU HARBOUR**
24, 2.4 m
+372 5332 8095
munalaiusadam@hotmail.ee
www.saarteliinid.ee
Lao küla, Tõstamaa vald
Marina, guest, ferry and fishing harbour.
- 6 KIHNU HARBOUR**
40, 3.5 m
+372 5332 8095
kihnua@saarteliinid.ee
www.saarteliinid.ee
Lemsi küla, Kihnu vald
Marina, guest, ferry and fishing harbour.

Tourist attractions

- 1 Tõstamaa Museum**
+372 508 3834
<http://mois.tostamaa.ee>
- 2 Kihnu Museum**
+372 5818 8094
www.visitestonia.com
- 3 Kihnu Lighthouse**
+372 507 1453
www.kultuuriruum.ee
- 4 Santa's Korstna Farm**
+372 523 6066, www.maria.ee
- 5 Maria Farm Riding Centre**
+372 523 6066, www.maria.ee
- 6 Metsamaa Traditional Farm**
+372 5331 0356
www.kultuuriruum.ee



17. Boat ride Varbla-Kuralaid-Varbla. ~ 1 h, 2 km
18. Boat ride Varbla-Pihelgalaid-Varbla. ~ 1.5 h, 3 km



25. Boat ride Kihnu-Umalaid-Kihnu. 7 km, ~ 2 h
26. Boat ride Kihnu-Sangelaid-Kihnu. 15 km, ~ 3 h



19. Kayaking trip around Manija Island. 12 km, ~ 6 h
20. Kayaking trip Lao-Manija-Sorgu-Lao. 20 km, 1 day
21. Kayaking trip Lao-Manija-Kihnu-Lao. 26 km, 2 days
22. Boat ride Munalaiu-Kihnu-Munalaiu. 24 km, 1 day
23. Boat ride Kihnu-Sorgu-Kihnu. 30 km, ~ 4-5 h
24. Motorboat ride Pärnu-Kihnu-Pärnu. 80-100 km, 1 day

Use of motorised water vehicles restricted 1.04.-15.07.

6. Sailing trips Pärnu-Kihnu-Pärnu. 80-100 km, 2 days
7. Sailing trips Pärnu-Sorgu-Pärnu. 60 km, 1 day



PÄRNU

The Estonian summer capital is known for its sandy beach with shallow and warm water. A naturally favorable location in the close vicinity of the sea and the river has made the town into a real experience resort, where various relaxation and welfare services are offered in addition to health services that have a long history. The small size and greenery of Pärnu make the town an ideal holiday destination.

Service providers

- 1 SEIKLE VABAKS**
+372 5650 0550, www.seiklewabaks.ee
Sailing trips, kayaking trips.
- 2 YACHT LINDA**
+372 526 0865, www.lindajaht.ee
Sailing trips.
- 3 PURJETAMINE.COM**
+372 525 7228
www.purjetamine.com
Sailing trips.
- 4 PÄRNU YACHT CLUB**
+372 447 1750, www.jahtklubi.ee
Sailing trips
- 5 SAILING PÄRNU YACHTS**
+372 5198 1371, www.sailingparnu.ee
Sailing trips.
- 6 YACHT SINILIND**
+372 510 3373, www.jahtsinilind.ee
Sailing trips.
- 7 YACHT WINDWALKER**
+372 508 8493, www.windwalker.ee
Sailing trips.
- 8 YACHT MIAMIA**
+372 503 9151, www.jahirent.ee
Sailing trips
- 9 KONSE MOTEL AND CARAVAN PARK**
+372 5343 5092, www.konse.ee
Boat rental, pedalo rent.
- 10 ALOHA SURF CENTRE**
+372 5694 1133, www.aloha.ee
Water activities.

- 11 PÄRNU SURF CLUB**
+372 5814 2661, www.windsurf.ee
Water activities.
- 12 MAXWAVE**
+372 5344 0919, www.maxwave.eu
Water activities.
- 13 PIRATES.EE**
+372 5667 6716, www.pirates.ee
Boat trips.
- MOTORBOAT "FLIPPER"**
+372 504 2502, www.aisamajutus.ee
Motorboat rental.
- PÄRNU BOAT RENTAL**
+372 5622 3400, www.rendipaat.ee
Boat rental.

- RENDIKAATER.EE**
+372 507 6369, www.rendikaater.ee
Motorboat rental.
- SEAFUN MOTORBOAT RENTAL**
+372 5341 2845, www.seafun.ee
Motorboat rental.

Ports and harbours

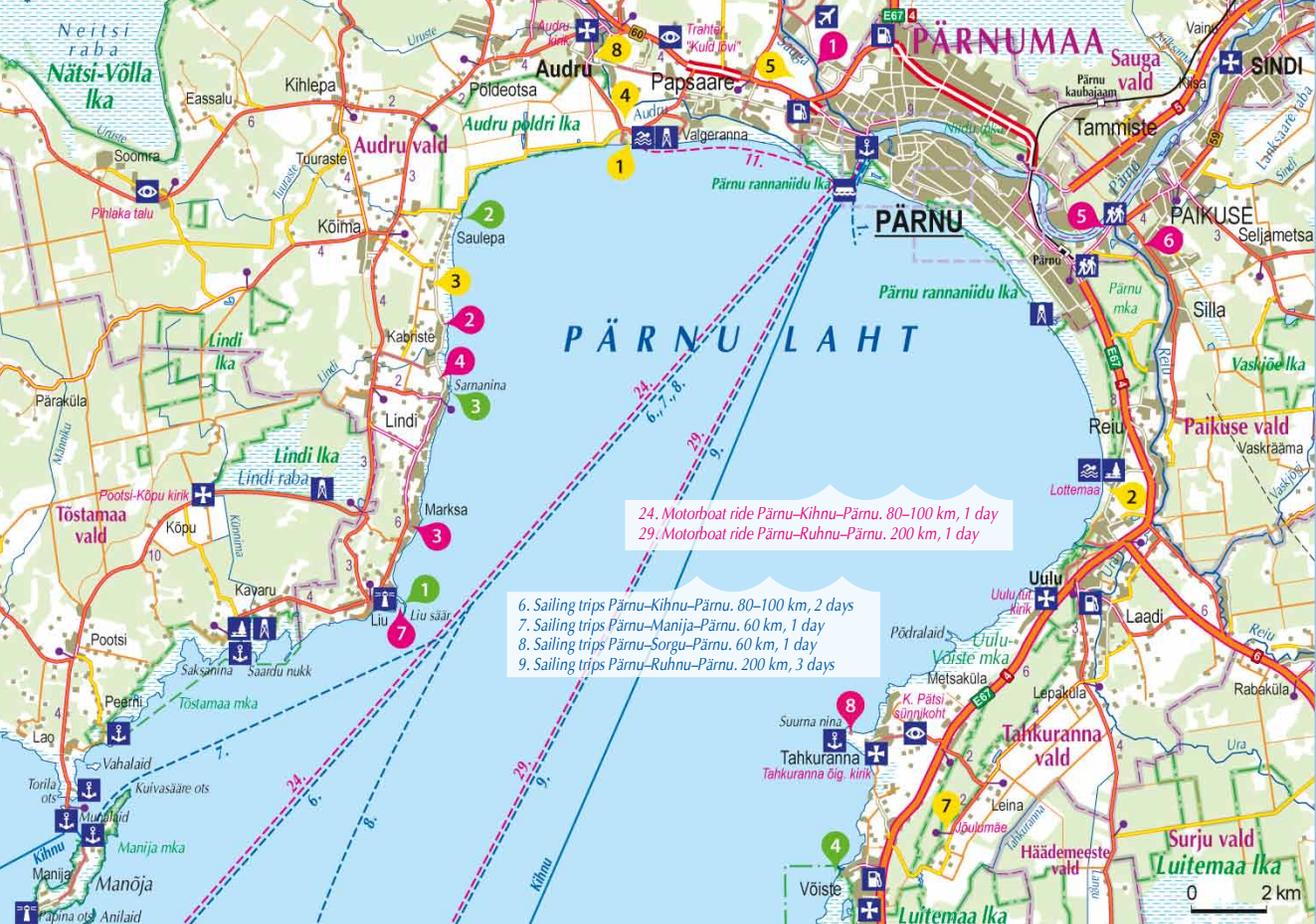
- 1 PÄRNU YACHTCLUB MARINA**
90, 2.5 m
+372 530 7877, sadam@jahtklubi.ee, www.jahtklubi.ee, Lootsi 6a, Pärnu
Marina, small boat and guest harbour, 24H supervision.
- 2 PORT OF PÄRNU**
15, 5.5 m
+372 447 1700, +372 504 8180, sadam@transcom.ee, www.transcom.ee, Vallikäär, Pärnu
Ferry harbour, marina, fishing harbour.

- 3 WINTER PORT OF PÄRNU (TALVESADAM)**
28, 2.5 m
+372 528 3077, +372 503 7732
info@haldusteenused.ee, www.talvesadam.ee
Suur-Sepa 16, Pärnu
Boat, small boat, guest harbour.

Tourist attractions

- 1 Pärnu Museum**
+372 443 3231
www.parnumuuseum.ee
- 2 Maarja-Magdaleena Guild**
+372 5887 2790,
www.maarjamagdaleenagild.ee
- 3 Pärnu Town Hall**
+372 5330 4134
www.visitparnu.com
- 4 Museum of New Art**
+372 443 0772, www.mona.ee
- 5 Villa Ammende**
+372 447 3888, www.ammende.ee
- 6 Tervise Paradiis Water Park**
+372 445 1666
www.terviseparadiis.ee
- 7 Mini Zoo**
+372 551 6033
- 8 Strand Minigolf**
+372 447 5393, www.strand.ee
- 9 Baltreisen Bicycle Rental**
+372 5696 9760, www.baltreisen.ee
- 10 Tõruke Bicycle Rental**
+372 502 8269
www.bicyclerentalparnu.eu
- 11 Bali E-bike Rental**
+372 513 2424, www.bali.ee
- Pärnu Visitor Centre**
+372 447 3000, +372 5330 4134
parnu@visitestonia.com
www.visitparnu.com





24. Motorboat ride Pärnu-Kihnu-Pärnu. 80-100 km, 1 day
29. Motorboat ride Pärnu-Ruhnu-Pärnu. 200 km, 1 day

6. Sailing trips Pärnu-Kihnu-Pärnu. 80-100 km, 2 days
7. Sailing trips Pärnu-Manija-Pärnu. 60 km, 1 day
8. Sailing trips Pärnu-Sorgu-Pärnu. 60 km, 1 day
9. Sailing trips Pärnu-Ruhnu-Pärnu. 200 km, 3 days

PÄRNU BAY

The long coastline of Pärnu County offers an excellent opportunity to explore the life and customs of old coast fishermen, enjoy the various sandy beaches and visit several islands and islets. The coastal meadows of the region have attracted international attention with their rich variety of birds and vegetation and have also been adopted as grounds for cattle by now. This region is one of the most popular summer and beach vacation spots and offers many opportunities for enjoying different water tourism activities.

Service providers

1 FISHING VILLAGE

+372 5332 5400
www.fishingvillage.ee
Fishing trips, boat rental, fishing gear rental.

2 KIPPERI HOLIDAY HOUSE

+372 5666 2678
www.hot.ee/k/kipperi/
Fishing trips, boat rental.

3 OJAKO HOLIDAY AND TRAINING CENTRE

+372 508 4585, www.ojako.ee
Boat rental.

4 SARNAKÕRTSI GUESTHOUSE

+372 446 7787, www.sarnakortsi.ee
Boat rental.

5 LUSTIPARK

+372 5557 5791, www.lustipark.ee
Motorboat rental, water activities.

6 REIU HOLIDAY CENTRE

+372 5302 5085
www.reiupuhkekeskus.ee
Canoe rental, Motorboat rental.

7 KALURİGA MERELE

+372 5621 8848
www.kaluRiGamerale.ee
Fishing trips.

8 SEIKLE VABAKS

+372 5650 0550
www.seiklewabaks.ee
Kayaking trips, sailing trips.



Ports and harbours

1 LIU HARBOUR 30, 1 m
+372 5621 8848, taggo@hotmail.ee
Liu küla, Audru vald, Pärnumaa
Small harbour, boat and fishing harbour.

2 JUHETA HARBOUR 10, 1 m
+372 5621 8848, siim.s@audru.ee
Saulepa küla, Audru vald, Pärnumaa
Small harbour, boat and fishing harbour.

3 LINDI HARBOUR 20, 1 m
+372 509 2768, aarejyrgenson@hotmail.ee
Lindi küla, Audru vald, Pärnumaa
Small harbour, boat and fishing harbour.

4 VÕISTE HARBOUR 12, 1 m
+372 446 0141, argomengel@hotmail.ee
Kaluri 1, Võiste alevik, Tahkuranna vald
Small harbour, boat and fishing harbour.

5 RANNAMETSA HARBOUR 5, 1 m
+372 445 6097, merle.looring@haademeeste.ee
Rannametsa küla, Häädemeeste vald
Small harbour, boat and fishing harbour.

6 TREIMANI HARBOUR 10, 1 m
+372 445 6097, merle.looring@haademeeste.ee
Treimani küla, Häädemeeste vald
Small harbour, boat and fishing harbour.

Tourist attractions

1 Valgerand Adventure Park
+372 5622 2855, www.valgerannaseikluspark.ee

2 Lottemaa Theme Park
+372 5885 5699, www.lottemaa.ee

3 Sassi Horse Farm
+372 5646 7301, www.sassitalu.com

4 White Beach Golf
+372 510 4917, www.wbg.ee

5 Auto24ring Racetrack
+372 5866 6636, www.auto24ring.ee

6 Kabli Nature Centre
+372 5302 0833, <http://loodusegakooos.ee>

7 Jõulumäe Recreational Sports Centre
+372 445 6117, www.joulumae.ee

8 Audru Museum
+372 5559 9302, www.visitestonia.com





AINAŽI – TŪJA

One of the most diverse marine coastal sections harbouring sandy beaches every few kilometres close to both populated places and remote corners; the only sandstone outcrops in the Baltic Region located on the very seashore, stone piles and the wetlands of Randu meadows. This coast will be a pleasant surprise to those paddling along the river with its rich landscape and somewhat remote location, although the highway is just a few kilometres away at all times. The most important task – to pick the right direction avoiding the headwind.

Service providers

- “TUBERS”**
+371 29265452, www.tubers.lv
Boat and innertube rental.
- “SALACAS PĒRLE”**
+371 26562000, salacas.perle@gmail.com
Canoe rental, water tourism and recreational activities on river Salaca.
- “ZAĻĀ SALACGRĪVA”**
+371 26617186, www.salacaslaivas.lv
Boat rental.
- “LĀČU LAIVAS”**
+371 26612520, +371 26388070, ilze808@gmail.com
Riot kayak, canoe rental.
- “PARTYBOATS”**
+371 28384751, +371 29115612, www.partyboats.lv
Motorboat rental (14 persons), speedboat rental (5 persons), wakeboarding.
- RECREATION COMPLEX “KAPTEIŅU OSTA”**
+371 64024930, www.kapteinuosta.lv
Sea kayak rental.

Ports and harbours

- SALACGRĪVA MARINA**
📍 15, 📏 2.5 m
+371 22016399, www.caramba.lv
Ostas 1, Salacgrīva
👤 🚣 🗑️ 🚰 🛒
- KUIVIŽI MARINA**
📍 20, 📏 3 m. +371 64024930
www.kapteinuosta.lv/doc/pakalpojumi_lv.pdf
Pērnavas 49a, Kuiviži, Salacgrīvas novads
🏠 🍴 👤 📶 🚣 🗑️ 🚰 🛒

Tourist attractions

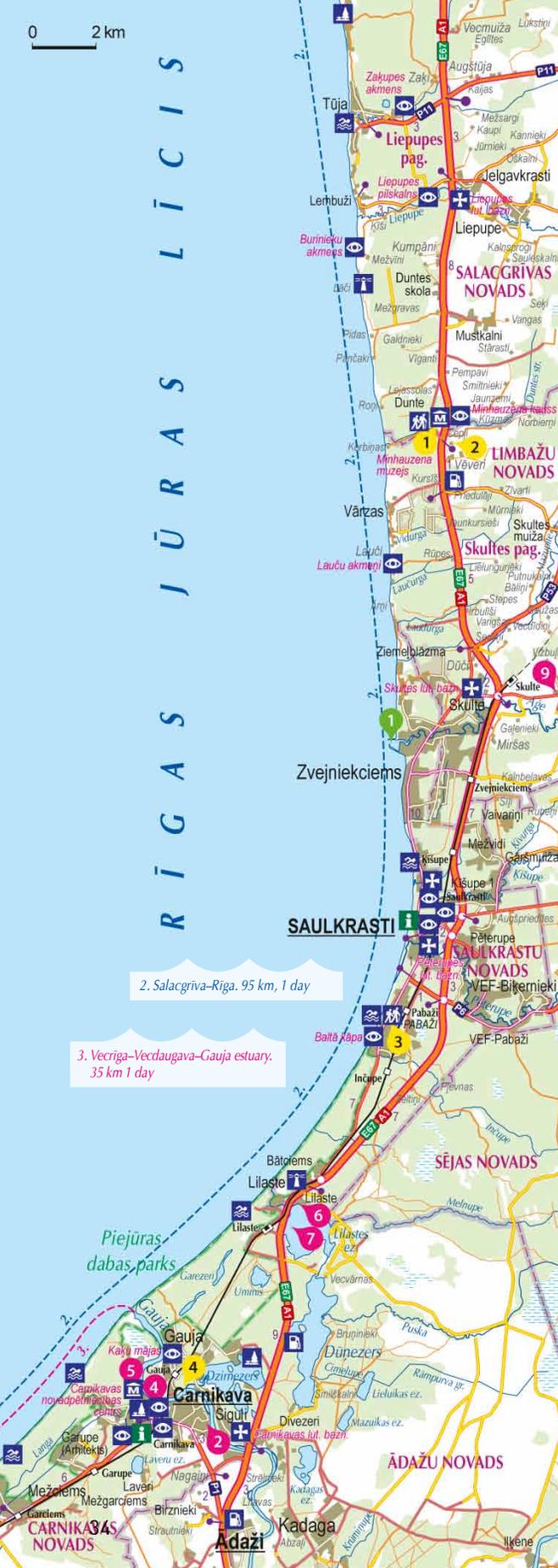
- Skulte Manor**
+371 29546818, +371 29633393, www.skultesmuiza.lv
The steward’s building of Skulte Manor (built in 1739) was fully renovated in 2004. The dwelling house of the steward was destroyed in 1910. Initially it belonged to burgomaster of Rīga baron von Schultzen.
- Fish smoking in Tūja**
+371 29403119, www.kriminalnieki.lv
- Farm zoo “Lielgravas”**
+371 29466429, igize@inbox.lv
- Pottery of I. Klīdžējs**
+371 29151889, imants.klidzejs@gmail.com
- Salacgrīva City Museum**
+371 64071981
www.visitsalacgriva.lv/lv/ko-darit/salacgrivas-muzejs
- Chamber of goods**
+371 26436719
www.tourism.salacgriva.lv/lv/ko-darit/mantu-kambaris
An exhibition of Soviet household things set up in an old bookshop allows you to reminisce, learn more about the recent history and kindle the imagination.
- Ainaži Firefighting Museum**
+371 29213784, bub.muzejs@salacgriva.lv
For 82 years already the Volunteer Firefighters Association has been active in Ainaži. Here you can see the work of firefighters, gear used in different times, as well as pennants, documents and equipment.
- Museum of Ainaži Naval School**
+371 64043349, ainazumuzejs@apollo.lv
Founded in 1876 as the first naval school in the Baltic Region, Ainaži Naval School has trained 220 deep sea captains, 371 deep sea helmsmen and 150 short voyage captains. In the museum you will find out more about the history of the school and shipping, as well as the adventures of the seamen around the world.

- Tourist Information Centre of Salacgrīva County**
+371 26463025, +371 64041254, www.visitsalacgriva.lv
- Tourist Information Point of Ainaži**
+371 64043241, www.visitsalacgriva.lv



Paddling Routes

- Route “Svētupe – Salacgrīva – Ainaži”.** Along the ride you will pass a number of estuaries, the swampy Randu meadows full of birds, two ports and piers, of which the Ainaži Pier on the Latvian–Estonian border is the most significant. The advantage of this route is that you will be able to combine its length with many hop-on/hop-off places.
- Tūja – Kūrmrags – Red Cliffs of Ežurga – Cliffs of Veczemes – Vidzeme Stony Seashore.** It’s one of the most beautiful coastal sections of the Riga Gulf where stone layers like from fairy-tales about giants alternate the only sandstone rock outcrops on the coast of sea in Baltic. Sea every moment continues to build a bank of its own liking.
- Route “Kuiviži – Salacgrīva”** is very popular among water tourists because it offers the opportunity to go sailing or motorboating for only a few hours. After having explored Salacgrīva, enjoy the sea, wind and a meal in recreational complex “Kapteiņu osta” of Kuiviži.
- Route “Salacgrīva (or Kuiviži) – Rīga”** will be suitable for experienced sailors and will take the whole day. Perhaps it will be hard to spot the rocky beach from the deck, but the sandstone cliffs of Veczemji and Ežurga on the seashore will be visible even from afar.



TŪJA - LIELUPE

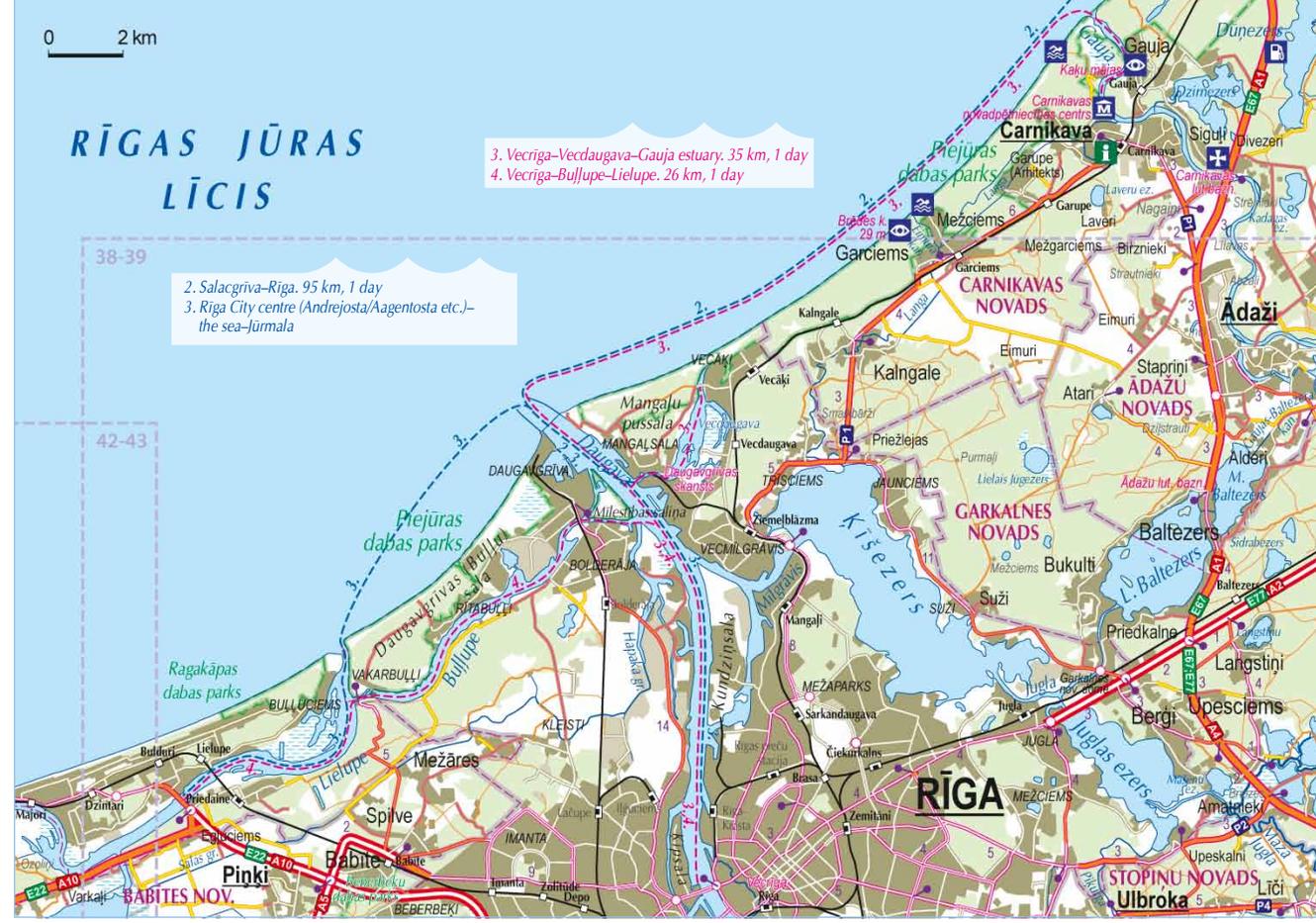
This is a sandy beach paradise very close to the capital city. Therefore, you will meet holidaymakers throughout the length of the beach and enjoy a number of options for leisure activities. Carnikava is rightly proud of its lamprey fishing and smoking traditions offering you to take part in the process, whereas Saulkrasti, as evidenced by preserved architecture, has long been a popular resort among noble people. Service for sailors along this coast farther away from Rīga will only be provided by Skulte Port, but within the area of Daugava and Lielupe estuaries you must carefully observe water traffic regulations since it is characterized by heavy ship traffic.

Service providers

- 1 "CUSAC"**
+371 29214438. Boat and marker buoy, wooden raft rental (12 persons).
- 2 "SUP MOTION"**
+371 29272005. SUP board rental.
- 3 "SITKO ENERGY"**
+371 26434520, sitkoenergy@gmail.com
Wooden raft rental.
- 4 "GAUJA RD"**
+371 27763321, www.gaujard.lv. Boat rental.
- 5 "KOMUNĀLSERVISA AĢENTŪRA"**
+371 29282163. Boat rental.
- 6 RECREATION CENTRE "LILASTE"**
+371 263930, www.lilaste.com
Boat, catamaran rental, wakeboarding.
- 7 "PORTO RESORT"**
+371 22722258. Boat, SUP board, catamaran rental, water tours with boat "Porto Resort".
- 8 EASYSUP.LV**
+371 29407374. SUP board rental.
- 9 CULTURAL AND EDUCATIONAL SOCIETY "VĪZIJA"**
+371 26419301. Ski and boat rental.

Ports and harbours

- 1 SKULTE TRADE PORT AND MARINA**
15, 4 m, +371 26202141
www.skulterport.lv/lv/uznemumi-skultes-osta/serviss/jahtu-serviss
Bērzu aleja 5a, Zvejniekciems, Saulkrasti



Tourist attractions

- 1 Munchausen's Museum, Munchausen's Cup, Munchausen's Story Park**
+371 64065633, www.minhauzens.lv
All about the world's biggest liar – Baron Munchausen. Visitors will enjoy the wax museum, walking trail with Munchausen's story scenes carved in wood and much more.
- 2 Pottery workshop of I. Žagata "Ceplī"**
+371 29234867, www.cepli.lv
The workshop of traditional pottery with the opportunity to slip into the role of a potter and watch demonstrations. Booking a visit in advance is recommended.



- 3 Saulkrasti Bicycle Museum**
+371 28883160, www.velomuseum.lv
The rich collection is made of technically the most interesting samples of the history of the development of Latvian cycling – bicycles, various items related to cycling, cycle sport and associations. Booking a visit in advance is recommended.
- 4 Lamprey processor "Gaujas krasti"**
+371 29268415, +371 26514046, www.gaujas-krasti.lv
Traditional lamprey fishing and processing. Booking a visit in advance is recommended.
- i Saulkrasti Tourist Information Centre**
+371 67952641, www.visitsaulkrasti.lv
- i Carnikava County Tourist Information Center**
+371 67708443, www.tourism.carnikava.lv

Paddling route

- 3 Vecrīga – Vecdaugava – Gauja estuary**
A great opportunity to spend an active day in the immediate vicinity of Riga! Depending on the direction of wind, it is advisable to agree upon the direction of route with the boat operators prior to the event. However, the route itself will be a test of strength and quickness when paddling both river Daugava through the port area (compliance with water traffic regulations mandatory!) and the calm branch of Vecdaugava with several interesting cultural and historical monuments, as well as the sea till the savage estuary of Gauja.



RĪGA AND VICINITY

Rīga is the hitherto underestimated “Northern Venice” thanks to its diverse variety of waterbodies. If you have entered the city, you can enjoy different kinds of recreational water activities without ever leaving it. It sounds unbelievable, but a large part of the city may be toured on water within a few hours, enjoying the Art Nouveau architecture, hustle and bustle of Old Rīga, glamorous villas of Ķīpsala and next to it – areas almost untouched by people, where you can see many unique bird species, as well as beaches, pine groves, white and grey dunes, meadows and a variety of other valuable habitats. A special adventure is the welcoming of the sunset over river Daugava and the celebration of city lights, especially the illuminated bridge, on the city canal. A journey through the port area will make you feel like a dwarf in the land of giants, while the many old rivers, branches and canals connect Daugava to Lielupe and a series of lakes, offering endless route combinations.

As the capital of Latvia, Rīga offers a very wide range of services and attractions.

This booklet contains a number of sites located in the immediate vicinity of water and can serve as inspiration when planning the route. Information regarding other recreational facilities is available at the tourist.

Service providers

1 GEAR RENTAL “LAIVINIEKS.LV”

+371 27878757
www.laivinieks.lv
Canoe, different types of kayak, SUP board etc. gear rental, transport, guide service.

2 “TURBĪNDĒLIS”

+371 27782776
www.turbindelis.lv

3 RECREATION COMPLEX “PELDPĪRTS”

+371 26596059
www.peldpirts.lv

4 “RĪGAS VEIKPARKS”

+371 28877917
www.Rigawakepark.lv
Wakeboard rental and training, SUP board rental, festival and competition organization.

5 “RĪGAS LAIVAS” (“LŪZPUNKTS”)

+371 26559398, www.Rigaslaivas.lv
Kayak rental, event organization, guide service.

6 GEAR RENTAL “CAMPO”

+371 29404049, www.campo.lv
Canoe rental with delivery.

7 “SURFPRO”

+371 29339936
www.surfpro.lv
Kiteboard, surfboard, windsurfing board, SUP board, longboard etc. water sports equipment rental.

8 “BURUSPORTS”

+371 28639440, www.burusports.lv
Canoe, kayak, SUP board rental, training.

9 “LANGAS LAIVAS”

+371 29436526, www.langaslaivas.lv
Rowboat rental.

10 GEAR RENTAL “JŪRAS LAIVAS”

+371 29466501, www.seakayak.lv
Sea kayak rental and transport, recreational event organization, surfing, paddling training, guide service.

11 RECREATIONAL CENTRE

+371 29555580, www.aac.lv

Ports and harbours

1 AAGENOSTA

⚓ 60, ⚓ 2.5 m
+371 67615165
www.marineverpete.lv

Balasta dambis 1, Rīga



2 YACHT CLUB “ANDREJOSTA”

⚓ 150, ⚓ 2 – 5.5 m
+371 67323225

www.andrejosta.lv
Eksporta iela 1A, Rīga



3 “ĢĪPŠA FABRIKA”

⦿ Temporary docking.

4 CITY YACHTCLUB

⚓ 200, ⚓ 4 m

+371 26167999
www.pilsetasjahtklubs.lv
Ķīpsala, Balasta dambis, Rīga



5 “OSTAS SKATI”

⦿ Temporary docking.

6 PORT BOLDERĀJA

⚓ 80, ⚓ 3 m

+371 28631441
www.latvijasjahta.lv
Stūrmaņu iela 1c, Rīga



7 MARINA AUDA

⚓ 80 – 100, ⚓ 3 – 5 m

+371 26114414
www.marinaauda.com
Audupes iela 15/17, Rīga



8 PORT JAUNCIEMS

+371 29222614

www.jaunciema-osta.lv
⦿ Temporary docking.

Paddling routes

Recommendations for sailing within the territory of Rīga City

- Taking into account water traffic safety, any type of watercraft bigger than your boat has the right of way! The bigger the watercraft, the longer the stopping distance.
- When crossing Daugava, for safety purposes do it athwart the current.
- Choose a route close to the coast, ~ 15 m away from it.
- When sailing after dark, your watercraft must be equipped with a light – make sure others can see you!
- Avoid the sea port area and the passages of vessels – they may not notice you from a short distance!
- It is strictly prohibited to sail in the immediate vicinity of vessels, including moored ships – it is dangerous!
- Take care of your own safety and the safety of passengers on water – use safety vests.

5 Paddling route: Ķīsezers – Vecdaugava – Mangaļsala Pier – Ķīsezers

A route suitable for experienced paddlers, since when crossing the lake going from Jaunciema Port, river Daugava and the sea will require good physical fitness but will bring delight with its many radically different sections, which lead through an active (and dangerous!) sea port territory, peaceful waters of Vecdaugava surrounded by forests and meadows and a completely distinct coastal area. You will have to carry your boats from Vecdaugava to the sea across the dunes (~ 200 m).

6 Paddling route: Daugava, Zunda Canal around Ķīpsala, Lovers’ Island

The route will be suitable for active boaters willing to experience the views of peculiar gardens and remote corners of the city on the shores of the Zunda Canal, which mingle with an industrial port landscape and the Lovers’ Island accessible only by water. The Island is quite distinct – a green, bird-filled oasis in the middle of busy port terminals. There is a bird-watching tower on the island and, although the island.

7 Daugava, City Canal

An easy, relaxing ride through the city centre. There is a special charm to the route at night when the many bridges and parks around Daugava and the City Canal are illuminated. In windy weather it is recommended to skip the crossing of Daugava.

8 Paddling route: Daugava around Zaķusala and Lucavsala

This route is suitable for active-minded people allowing to enjoy the landscape of Daugava’s islands, where a busy infrastructure mingles with gardens and bathing places. You can stop and enjoy a refreshing drink or try other water sports in the recreation park of Lucavsala. To sail around Lucavsala, it is recommended to use the canal between the island and “Goat Shoal”, where a rowing slalom track has been set up.

9 Paddling route: City Centre – Open-Air Museum

Sailing from the city centre to the lakes of Rīga is an interesting experience in itself, but, if a destination is added to the whole process, it may become a great adventure. Why not sail from Old Rīga to the Open-Air Museum by Jugla Lake?

Tourist attractions

1 TV Tower

+371 67108643
www.lvrta.lv

The 368 m high tower built in 1989 after the design of Georgian architect Nikuradze is one of the highest TV towers in the world. The observation deck is located 97 m above ground.

2 Central Market

www.rct.lv

The construction of the market was carried out from 1924 to 1930, starting with the demolition of two rows of warehouses and purchasing from the government the Zeppelin hangars left by the German army in Kurzeme, thus creating the biggest structure in Rīga and the biggest and most advanced market in Europe. Its architecture exhibits some elements of art nouveau, prewar neoclassicism and art-deco. Under the pavilions large warehouses with freezers and underground tunnels are established, which is a peculiar



place for wandering around by prior agreement with the market administration.

3 Island Zaķusala

Formed before 300 B.C. when several islands merged together. A part of it was inhabited already in the 17th century. Over time the town’s limekiln was established there, as well as building plots, two sawmills and shops. Today there are two significant attractions there – the TV Tower and television building.

4 Island Lucavsala

Lucavsala, located between Small Daugava – a branch of the river Daugava – and “Bieķengrāvis”, was formed of 4–5 small islands in the 19th century, when a dam for the regulation of Daugava was built. Here you will find the first Brethren Cemetery in the area of Rīga, which is a legacy from the Great Northern War; it contains gardens, a large recreational park for outdoor sports activities and cultural events.

5 Rowing slalom track of Lucavsala

6 City Canal
An artificially made 3.2 km long watercourse in the centre of Rīga with 16 bridges of different widths. There are locks installed in both ends of the Canal to prevent wind surges and it is surrounded by greenery formed in the 19th century.

7 Island Ķīpsala

Ķīpsala, just like other islands, formed around 300 B.C. when it merged with Island Burkānsala and other small islands. Currently on the Island, opposite the Old Town, an area of skyscrapers is developing, whereas on the opposite side of the Island there is a shopping centre, hotel, Rīga Technical University campus, international exhibition centre and other urban areas, which are filled with charming streets with wooden old buildings and several marinas.



2. Salacgrīva–Rīga. 95 km, 1 day
3. Rīga City centre (Andrejosta/Agentosta etc.)–the sea–Jūrmala. 32 km, 6 h

- 3. Vecrīga–Vecdaugava–Gauja estuary. 35 km, 1 day
- 4. Vecrīga–Bulļupe–Lielupe. 26 km, 1 day
- 5. Kīsezers–Vecdaugava–Mangalsala Pier–Kīsezers
- 6. Daugava–Zunda Canal around Kipsala–Lovers' Island
- 7. Daugava–City Canal
- 8. Daugava around Zakusala and Lucavsala
- 9. City Centre–Open-Air Museum

JŪRMALA



8 Lover's Island

The Island began to take shape in the second half of the 19th century when the construction of dams for the regulation of Daugava's riverbed was started, forming between the riverbed straightening dam and Bulļupe estuary, where the silt of river Daugava started to accumulate. The Island is swampy. It is one of the reasons why the Island is largely inhabited by a variety of bird species; there is a bird-watching tower on the Island.

9 Daugavgrīva Fortress

In 1608 the Swedes built the fortress of Dünamünde on the shore of Daugava's new estuary to control the movement of ships. In the 17th

century the fortress was made into a bastion with trenches all around it. The fortress contained barracks, storage rooms and churches.

10 River Vecdaugava

The former mouth of Daugava, which is an important bird nesting place in Rīga – 40 species of birds have been noted here, including 10 protected species in Europe and 30, which also nest in the reserve.

11 Komēfortas Dam

First evidence of the fortifications are from 1205, when the construction of a Cistercian monastery and palace was begun near the right bank of Daugava, near present-day Vecdaugava. When the riverbed of

Daugava was changed to protect Rīga, the new Daugavgrīvas Fortress was built in 1608. However, in 1765 the construction of Mangaļsala's Komēfortas was started and it lasted until 1912.

12 Mangaļsala Pier

The construction of the Pier (1850 – 1861), which is 2240 m long, was actively monitored by the Russian emperor himself. The seaside forests hide parts of the Daugavgrīvas fortifications.

13 Park Mežaparks and Rīga Zoo

Park Mežaparks is one of the most beautiful residential and recreational areas in Rīga. It is the home of Rīga Zoo, which is the oldest in Northern Europe (1914). Here you

can see more than 40 species of animals included in the World Red Book.

14 Latvian Ethnographic Open-Air Museum

One of the oldest and richest museums in Europe was founded in 1924. Within an area of 87 hectares of land there are farmsteads, crafts workshops, windmills, forges, pottery and tar kilns characteristic to Latvian ethnographic areas. To enter the museum from the lakeside, you must obtain approval of the administration of the museum.

i Rīga
Tourist Information Centre
+371 67037900, www.liveRiga.com

Located between sandy beaches and river Lielupe, Jūrmala is a paradise for all water lovers, since the presence of water provides for both cozy sun baths and active water sports. The Blue Flag has been awarded to the beaches of Dzintari, Bulduri, Majori and Jaunķemeri, which certifies the purity and security of the water. The average temperature during the season is +18°C in the sea and +20°C in Lielupe. There are several marinas along the shore of Lielupe, where you can book yacht trips along the river or bay or to cruise to Rīga, indulge in wakeboarding or waterskiing, rent jet skis or motorboats. The beach offers water bikes, gear and accessories of different water sports, but for adrenaline lovers we advise to enjoy the winds of Jūrmala by kiteboarding or windsurfing on the river or sea. For those who prefer to be closer to nature away from the masses, rivers Vecslocene and Lielupe offer wild bays to be explored by boat.

Jūrmala is full of architectural monuments and attractions, his booklet mentions only some of them. We recommend that you visit the Tourist Information Centre for more information on each of them.

Service providers

1 "ELINGI"

+371 29275577
www.elingi.lv

Water taxi services along Lielupe, waterskiing, wakeboarding, motorboat or rowing boat rides, aquaskippers, water balls, recreational event organization, other services.

2 "STŪRIS"

+371 29792972
www.sturis.lv

Waterskiing, wakeboarding, gear rental, instructor training.

3 "VARKAĻU OSTA"

+371 26466068
www.varkaluosta.lv

Motorboat rental together with a driver, rides with a wooden motorboat along Lielupe, the sea, watersports gear rental, training, rowing boat rental.

4 "DELAWAKE"

+371 29498150
www.delawake.lv

Wakeboarding gear rental, instructor training.



5 "PICOLO"

+371 27729161
Yachting along Lielupe for up to 5 persons.

6 UPES KUĢĪTIS "NEW WAY"

+371 29237123
Every day from May 1 to September 30 the riverboat departs from Rīga, the sculpture of Big Christopher opposite Rīga Castle, to Jūrmala. Available for rent for social events.

7 "LATVIJAS JAHTKLUBS"

+371 29629947
www.latviansailingclub.lv
Yachting along Lielupe.

8 "TOPS 2000"

+371 29533400
www.udensmoto.lv
Water bike, jet ski rental, water attributes (banana, tube, skis), catamarans, beach beds, cafe.

9 "FORTŪNA D"

+371 29541573
Water bike rental on the beach.

"JŪRAS LAIVAS"

+371 29466501, www.seakayak.lv
Sea kayak rental and transport; hydra and gear rental, recreational



event organization, surfing, paddling training, guide service.

"LAIVINIEKS.LV"

+371 27878757
<http://laivinieks.lv>
Sea kayak rental and transport; hydra and gear rental; recreational programs on water in collaboration with our partners.

"CAMPO"

+371 29404049
www.laivas.lv
Sea kayak rental and transport; recreational event organization.

"MĀRIS"

+371 29277886
Tandem paragliding, photography from the sky.

"LĪBAVA"

+371 26801196
<http://libavasail.lv>
Boat rides with the historic sailing ship "Lībava" (up to 40 persons) along the coast of Jūrmala, offers multiple-day trips to Roņu Island and Saaremaa (Estonia). The sailing ship is ideal for corporate events and other celebrations. Wedding celebration with a custom-made wedding flag hoisted on the mast



and the newlyweds as mates with the sound of cannon projectiles in the background has become a tradition.

Ports and harbours

1 LIELUPE PORT AUTHORITY

3 – 5, 2.5 m

+371 26516777
www.lielupesosta.lv
Tiklu iela 10, Jūrmala
Temporary docking.

2 "PORTO MARINA"

25, 2 m

+371 67751916
www.lielupesosta.lv
Vīkingu iela 8, Jūrmala



3 LIELUPE – CONCEPT PORT

32, 1.7 m

+371 67149923
www.concept.lv
Vienības prospekts 36, Jūrmala



4 LIELUPE PORT AUTHORITY

3 – 5, 4.3 m

+371 26516777
www.lielupesosta.lv
Rīgas iela 2a, Jūrmala
Temporary docking.

5 VALTERA RAGA PORT

32, 1.7 m

+371 29231412
www.valteraragaosta.lv
Upesplavas, Salas pagasts, Rīgas rajons



Tourist attractions

1 Jūrmala City Museum

+371 67764746
www.jurmalamuzejs.lv
The permanent exhibition "The History of Rīga Seaside and Ķemeri Resort" reflects notable milestones of the development of Jūrmala as a resort through photography, documentary evidence and household things. A special place is designated to the digital exhibition with musical accompaniment, without which it would no longer be possible to see swimming from footbridges or bathing carriages, historical musical gardens, bathing procedures etc. A special praise has gone to exhibition "Resort Fashion" with exhibits form the museum's collections of apparel,

swimwear, accessories, photography and fashion magazines reflecting the virtues, traditions and fashion fads of the resort form the end of the 19th century to the seventies of the 20th century.

2 The Theater of Paintings "Inner Light"

+371 29628517, www.jermolajev.lv
A special exhibition of paintings can be viewed in the art gallery which have been created by a special technique – the paintings start to glitter in a special light and another version of the painting can be seen by the viewer which is like its hidden version. The offer includes a visit to art therapy, the theater of paintings, a studio of meditative drawings with an opportunity to create paintings in the unique light painting technique.

3 The Memorial Cottage of Rainis and Aspazija

+371 67764295
The museum was designed at the end of the 19th century – beginning of the 20th century in the summer cottage complex and was bought by Rainis in the fall of 1926 spending the summer from 1927 till 1929. The building





is a typical example of wooden architecture of Jūrmala and art nouveau as well it is a historical monument of national importance. The memorial rooms with an original interior and memorabilia, personal library and exhibitions can be viewed here. There are excursions, museum educational programs and demonstration of documentary movies in Latvian, Russian and English. In summer there is a bicycle route with a guide to the memorial sites of Rainis and Aspazija in Jūrmala.

4 Summer cottage buildings of K. Morbergs and the ensemble of the botanic garden

+371 20391002
www.morbergavasarnica.lv
 A wooden architectural monument of national importance. The building was built in 1883 and was owned by the biggest contractor, architect and patron Kristaps Morbergs. It was expanded and improved till 1914. The owner of the buildings has left them by will to the University of Latvia and between the analog objects of Jūrmala and Latvia it is being evaluated as unique. There is a garden with exotic fruits next to the summer cottage. Premises can be used

for seminars, wedding celebration, events for small groups as well as you can make an appointment for an excursion.

5 Arboretum "Bulduri"

+371 67753135, www.bulduri.lv
 The park is located in the territory of Bulduri Gardening Secondary School. In 1910 the first gardening school in Latvia was founded by donations in the territory of the historical centre of Bulduri manor. Till the World War I there was a demonstration farm created where more than 200 different fruit tree varieties were cultivated in the fruit gardens.

i Jūrmala
Tourism Information Centre
 +371 67147900
www.tourism.jurmala.lv

Yacht route

3 Rīga City centre (Andrejosta/Aagentosta etc.) – the sea – Jūrmala

A classic sailing route, which, depending on the speed and direction of wind, may take a few hours or the whole day. Usually sailors

choose to start their trip from one of the marinas of Rīga (some are located in the very heart of the city) and finish it in the magnificent Jūrmala, or vice versa. A bit unusual and interesting are the sights of Rīga Port, the peculiar maritime gateway with piers on both sides, where river Daugava meets the Gulf of Riga. In turn, the coast of Lielupe till the city of Jūrmala will delight the spectators with nature full of wild birds and views of luxurious and not so luxurious villas. The gem of the route – the 20m high White Dune of Lielupe with its beautiful landscape, which provides gorgeous views of Lielupe also from the shore.

Yachting/sailing route

4 Rīga City centre (Andrejosta / Aagentosta etc.) – river Buļļupe – Jūrmala

If the sea seems frightening, the route from Rīga to Jūrmala may be improvised by entering river Buļļupe from river Daugava and on to river Lielupe. The waters will be calmer, the shores – closer, but the view from the waters of river Buļļupe will offer some peculiar suburb residential scenes. It is recommended to route in the downwind direction from Jūrmala, taking into account the prevailing west, north-west winds. Be careful and follow the water traffic regulations! This section may have heavy water traffic.

3. Rīga City centre (Andrejosta/Aagentosta etc.) – the sea – Jūrmala. 32 km, 6 h

4. Vecrīga – Buļļupe – Lielupe. 26 km, 1 day





WESTERN COAST OF THE GULF OF RĪGA

The shore from Mērsrags till Engure will seem quite inaccessible for some due to the wide wetlands which have been forming during times when the today's Engure lake was joined with the sea. However, we recommend taking binoculars together with oars and other paddling equipment for those who will decide to go on a paddling trip – the shore can impress with its bird variety but the wet reeds are full of plant species which cannot be so easily found somewhere else.

Behind Engure and closer to Rīga the shore offers the sand paradise for indolent vacationers. The beach is remote enough therefore it is not crowded by vacationers from the capital. The dunes overgrown by the forest is a place favoured by mushroom and berry pickers – why should not you have berries picked by you as a dessert after having smoked fishes caught by the local fishermen for a lunch?

Service providers

1 TRIPS WITH THE YACHT "PALSA"

+371 26441749
www.jahtapalsa.lv
Cruises to the Ruhnu island, Gotland, Saaremaa island and here by the Gulf of Riga.

2 BOAT POINT "MAZSALIŅAS"

+371 26424849
Bird-watching tower, boat rental.

3 THE CAMPING SITE "ABRAGCIEMS"

+371 63161668
www.abragciems.lv
Different relaxation and recreation opportunities. A rental of different equipment including oar boats and water bicycles.

4 YACHT "BOLERO"

+371 29846999
Trips by the Baltic sea.

5 YACHT "LA ROUGE"

+371 29235898
Trips by the Gulf of Rīga It is possible to start the trip from other ports.

6 YACHT "SANTA RITA"

+371 29659611
ilgonis@inbox.lv
Luxury type yacht for long boat trips – cozy and meant for 6 – 8 persons. They offer sailing training programs for beginners and persons with experience.

7 WATER ENTERTAINMENT AT THE SEA IN ENGURE

+371 63163732
lici@inbox.lv
Riding a boat, water skiing, having parachute boat trips and other activities on the water.

Ports and harbours

1 YACHT CENTER OF MĒRSRAGS

40, 2.5 – 3.5 m
+371 29116611, www.jahtcentrs.lv
Mersraga osta, Mērsrags



2 ENGURE PORT

20, 3.5 m
+371 29165693, arniskrauklis@inbox.lv
Jūras iela 60b, Engure



Tourist attractions

1 Nature park "Engures ezers"

It was founded in 1998 and it consists of Engure lake and the land around it as well as the shore of the Gulf of Rīga from Mērsrags to Engure. Engure Lake Nature Reserve (1957) is one of the richest territories in Latvia by its variety of plants and birds as well as endangered species. There are 187 bird species nesting in the reserve including white tailed eagle and corncrake which existence is endangered in the whole world. 14 fish, 14 amphibian and reptile species have been found in the Engure lake. Many of them have been included in the Red Data Book of Latvia. Animal paddocks and the Orchid trail can be viewed.

2 Country house "Dienīšas"

+371 63154331
ivetaunoskars@inbox.lv
Degustation of smoked fish and watching the process of curdling

3 The gathering house, former maritime of Engure

+371 63161701
Some time ago the maritime of Engure was one of the 10 maritimes of Latvia which founding was proposed by Kr. Valdemārs. The school was founded in 2 May 1875. There were 413 pupils learning from 1875 to 1898. It was working till the World War I. In 1915 it was evacuated by Russia.

4 Engure Evangelical Lutheran church

The church of Engure is famous with its rare wooden construction that has not been destroyed or rebuilt to a stone church. The church was built in 1804 during the time of the Johan Peter Brandt (1776 – 1835) who was the priest of the congregation of Engure, Mērsrags and Dzirciems as well as the teacher of Engure church school.

5 Youth hostel "Ķesterciems"

+371 29287271
brigit@unda.lv
Fishing, curdling.

6 The white dune of Plienčiemis Reserve

The surroundings have been chosen as a leisure site by landlords already at the time of the dukes but in 1810 Elizabeth the wife of the Russian Tsar Alexander I spent her time here.



7 Fishing on a shore in Apšuciems

+371 63161586
The host of I/U "Čiekuri" invites his guests to a fishing trip (max. 2 persons) and to take part into curdling process. An appointment should be made before.

8 Pottery workshop of Ivars Grasis

+371 26369362
The works are created from the black ceramics. It is possible to see the pottery works and put yourself into the potter's role. An appointment should be made before.

9 Dendrological plantations of Lāčupe

+371 29393605
Different foreign plantations growing in the local conditions can be viewed here. It is particularly beautiful during the blooming of rhododendron. You can make an appointment for the tour guide Marija Blūma-Kauliņa.

Tukums
Tourism Information Centre
+371 63124451, www.turisms.tukums.lv

Mērsrags
Tourism Information Centre
+371 63237704, www.mersrags.lv

RĪGAS JŪRAS
LĪCIS



MIĶĒLTORNIS – KOLKA – ROJA

10. Irbe estuary – Kolka Cape. 30 km, 1 day
11. Around the Kolka Cape and to Kolka Cape lighthouse. 10–14 km, 1 day



Dundaga Region Tourism Information Centre
+371 29444395, +371 63232293
www.visit.dundaga.lv

Kolka Cape Visitors and Information Centre
+371 29149105
www.kolkasrags.lv

Roja Tourism Information Centre
+371 63269594, +371 28630590
www.visit.roja.lv

Routes for sea paddling

10 Irbe estuary – Kolka Cape
Two days paddling along Liv fishing villages exploring the spectacular coast of Baltic Sea.

11 Around the Kolka Cape and to Kolka Cape lighthouse
In Kolka Cape two seas meet which often cause erratic weather conditions and peculiar waves. For adventurers who are seeking for extraordinary emotions we suggest kayaking to the Kolka lighthouse, located on an island 6 km from the coast.

Northern Kurzeme has a large diversity of nature – forests, marshes, dunes and the sea. Nature here is almost untouched, as the area is sparsely inhabited. Along the coast visitors will find the most quiet beaches on the shores of the Baltic Sea, unique treasures of nature and culture, “nordic rain forests” and hundreds of years old Liv fishermen villages.



Ports and harbours

1 ROJA MARINA

12, 3.5 m, www.rojaport.lv
+371 63269957, +371 26434813



4 Mīķelbāka lighthouse

The height of the lighthouse is 62 meters, it was built in 1884 and is the highest lighthouse in the Baltics.

5 Roja beach

Choose what suits you best – sunbathing, swimming or engaging in various sports activities such as beach volleyball, football or watersports. Besides – a children playground is available on the beach.

6 Slītere National Park and Slītere lighthouse

Repository of natural rarities and diversity. Nature trails and cycling routes for both well-experienced cyclists and families with children is an opportunity to explore the park's nature and cultural history. After climbing in the Slītere lighthouse you can get in height of almost 100 meters above the sea level. Here you will see a spectacular view of forests of Slītere National Park and the Baltic Sea.

Tourist attractions

1 Active recreation in Mēlnsils

+371 28605606, www.melnisils.lv
Go on a paddling and kayaking adventure in the sea or along the Mēlnsils River. Walking, Nordic walking and cycling routes.

2 Outdoor rope trail in tree tops

+371 29127447, +371 28627919
noriks67@inbox.lv
Rope trail in pine tops will take your love of nature to new heights. The trail is suitable for different age groups – from pupils to adults.

3 Feast in the fisherman farm

+371 29477602, rojahotel@inbox.lv
Opportunity to get familiar with fishermen's everyday work and to taste sea food and local fish soup.

Service providers

1 MOTOR BOAT TRIPS TO THE KOLKA LIGHTHOUSE

+371 29394504
Trips from Kolka to the Kolka lighthouse, also other routes are available.

2 SEA KAYAKING

+371 29466501, 29464901
www.seakayak.lv, www.juraslaivas.lv
Sea kayak and SOT kayak rental. Coastal kayaking tours.

3 BOAT RENTAL CENTRE AND ROJA RIVER PONTOON TRIPS

+371 28627919, noriks67@inbox.lv
Boat, canoe, SOT kayak as well as paddling gear rental and transportation. For silence and nature lovers, pontoon boat is a leisurely way to experience the Roja River.



RĪGAS JŪRAS LĪCIS



VENTSPILS – MIKĒLTORNIS

BALTIJAS JŪRA



Service providers

1 EXCURSION BOAT "DUKE JACOB"

+371 26353344
The boat provides for tourists a 45 minute long trip along the estuary of the Venta River. It is a unique opportunity to see the town of Ventspils from water and industrial activities in Free Port of Ventspils.

2 BEACH WATERPARK

+371 26429684
www.pludmalesakvaparks.lv
Water amusement park without a roof covering with fun water attractions.

3 VENTSPILS WATER ADVENTURE PARK

+371 25636777, www.udensparks.lv
Water Adventure Park with large and small swimming pools, athletic gym, aerobics hall, SPA and many water attractions.

Ports and harbours

1 VENTSPILS MARINA

25, 3.5 m
+371 29287670, pils.real@apollo.lv



Tourist attractions

1 Active recreation at the Lake Būšnieks

Well-equipped swimming and picnic places, boat rental in the boat centre. For cyclers a route with comfortable bike paths is available.

2 Southern breakwater

A well-equipped walking promenade that leads to a viewing platform at the lighthouse offering breathtaking views of sunsets, the mighty sea during storms or ships entering the port.



3 Oviši lighthouse

+371 26264616
The lighthouse in height of 33 m is the oldest navigation building preserved in Latvia, where a lighthouse history exposition has been established.

4 Ski hill "Lemberga hūte"

+371 28611333
www.lembergahute.lv
The unique hill is created artificially. In winter, hill is open for skiers and snowboarders, a snowpark is built every year. If that is not enough, one can enjoy thrilling moments in the tubing track or go sledging.



5 Cycling in Ventspils

www.visitventspils.com
The total length of bicycle paths in Ventspils is already more than 45 km and they connect the favorite tourism objects in the city. More information on cycling routes and rental available in Ventspils Tourism Information Centre.

6 Ventspils Mazbānītis

+371 63624467
muzejs.ventspils.lv
A narrow gauge steam locomotive with wagons offers to go on a slow leisure ride through woodland areas surrounded by dunes, see exhibition of anchors, historic station building and replicas of stations.

7 Ventspils Adventure Park

+371 28611333
www.piedzivojumuparks.lv
Adventure Park is a center for active recreation and sports. Climbing, swinging, turning, sliding and rolling are just some of the activities in which park's visitors can engage.

8 Ventspils beach

During the summer season the beach is labeled with Blue Flag. The beach of fine white sand has almost 80 m wide seashore and dunes. Beach volleyball and football fields and cafes are opened during the summer season. A playground for children offers variety of games, slides and swings. A zone for surfers is established, a separate area for nudists.

Ventspils is a city that leaves no one indifferent, and boasts with a wide range of recreational facilities. The active ones will love the Adventure Park, while families with children will love Mazbānītis and children playgrounds. Visitors can enjoy several water activities in Blue Flag beach, Ventspils Water Adventure Park, Beach Water Park and SPA complex. Whereas, to the north from Ventspils it is possible to look for a wild landscape and beaches where to enjoy the solitude and beauty of coastal nature.

Ventspils Tourism Information Centre
+371 63622263, +371 29232226, www.visitventspils.com



PĀVILOSTA – VENTSPILS

Untouched nature, white, quiet beaches, pine forests and steep makes this part of the Baltic Sea as a unique destination. Local entrepreneurs, fishermen and producers will take care of your well-being with freshly smoked fish, homemade bread, and offer a variety of recreational opportunities at sea.

Service providers

1 TRIPS INTO THE SEA FROM PĀVILOSTA

+371 26557856
www.pavilostamarina.lv
TOPCAT catamaran rental, sailing school, boat rides.

2 SEA PADDLING

+371 29466501, +371 29464901
www.seakayak.lv
www.juraslaivas.lv
Sea kayak rental. Coastal routes, surfing in waves. Boats on the beach for children. SitOnTop kayaks and canoes also for river routes.

3 PĀVILOSTA YOUTH SERF CLUB

+371 26444934, dagnisb@windsurf.lv
It is possible to learn windsurfing, kite surfing, surfing or peaceful SUP (stand up paddle board) under instructor's supervision. Rental gear available.

4 PĀVILOSTA WOODEN BOATS

+371 29125521
www.pavilostaslaivas.lv
Rowing boat rental and trips along the Saka River and the Baltic Sea under accompaniment of captain-guide. For leisure trips an electric powered boat is offered, but for further trips at sea and for fishing it is possible to rent the boat with diesel engine.

5 WAKEPARK DAS CROCODIL

+371 25562998, www.krokodils.lv

6 VĒJU AĢENTŪRA (WIND AGENCY)

+371 2910444
www.veju-agentura.lv
Certified yacht sailing school.

7 RIDING WITH FISHING BOAT

+371 29449927
www.zvejniekseta.lv
The opportunity to go fishing and fish smoking, rowing boat rental.

Ports and harbours

1 PĀVILOSTA YACHT MARINA

20, 2.5 – 3.5 m
+371 2912552
www.pavilostasjahtuosta.lv



2 PĀVILOSTA MARINA

25, 2 – 3.5 m
+371 26557856
www.pavilostamarina.lv



Tourist attractions

1 Pāvilosta beach

It is said that in Pāvilosta are the most sunny days per year. The city is popular for active sports lovers due to its unique waves and wind.

2 The coastal fishing and fish smoking

Visitors are invited to participate in traditional fish smoking process and afterwards to taste the delicious fish – in guest house "Zvilnis", guest house "Āķagals" (www.akagals.lv) or in camping "Zvejnieksēta" (www.zvejniekseta.lv).

3 Užava lighthouse

+371 28341836
Užava lighthouse was built in 1879, with a 19 m high tower, open to visitors.

4 Užava brewery

+371 29219145, www.uzavasalus.eu
Special and quality beer is made here. Visitors can take a tour during which one can learn the history of the brewery, brewing nuances, as well as to taste Užava light beer and Užava dark beer.

5 Tandem Flights in Jūrkalne

+371 25547550, www.adrenalins.lv
Exotic emotions here in Kurzeme – free gliding flight with a tandem glider from Jūrkalne steep – one of the most picturesque shores of the Baltic Sea with impressive steep in height of almost 20 m.

Pāvilosta Tourism Information Centre

+371 63498229, +371 29458532
www.pavilosta.lv

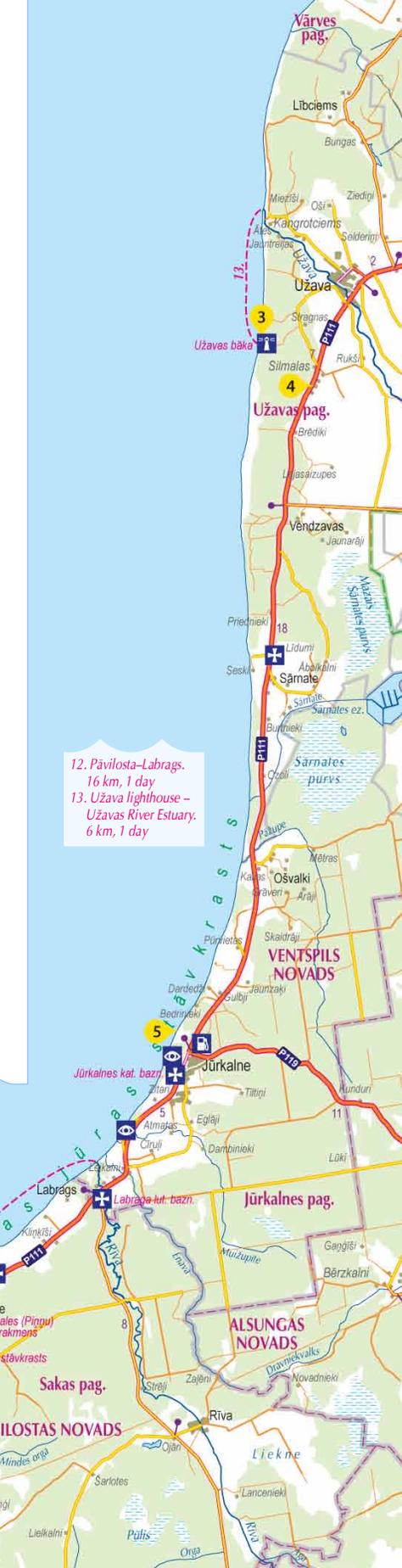
Sea paddling routes

12 Pāvilosta – Labrags

The most beautiful paddling route in Kurzeme coast line. Stone shoals, astonishing Strante – Ulmale Steep Coast, small bays and remnants of old log berths and at the end of the route – the scenic Rīva river mouth. It is recommended to paddle along the Rīva River up to the old wooden bridge and pub (1.5km).

13 Užava lighthouse – Užava River Estuary

Climb into Užava lighthouse before going in the sea, it is the most interesting lighthouse in Latvia. Not far from the lighthouse is Užava brewery with architecturally interesting and welcoming tasting room. At the end of the route, in Užava River estuary a well-equipped, scenic and easily accessible resting place is set.



12. Pāvilosta–Labrags. 16 km, 1 day
13. Užava lighthouse – Užava River Estuary. 6 km, 1 day

BALTIJAS JŪRA



LIEPĀJA – PĀVILOSTA

Liepāja is a city with a rich history and long cultural traditions. In its architecture and the urban environment different historical eras are reflected. Liepāja and its surroundings are not only a great destination for culture, art and music lovers, but also for active holiday lovers.



Service providers

- 1 ACTIVE RECREATION AND WAKEBOARD PARK "BB WAKEPARK"**
+371 26146183, www.bbwakepark.lv
During warm season it is possible to use the cable wakeboarding track, rowing boats and SUP paddle boards. In "BB wakepark" you can relax in a beach cafe, to warm oneself in both spruce wood barrel sauna and heated wooden tub.
- 2 SHIP "ČETRI VĒJI"**
+371 26779025, +371 26386406, www.fourwinds.lv
Trips by ship along the water area of Liepāja port and on the high seas, fishing at sea, travels in the Baltic Sea.
- 3 BOAT RENTAL "NIKNĀS LAIVAS"**
+371 26377055, +371 26464294, www.niknaslaivas.lv
Kayak and Pella rowing boat rental, particularly suited for anglers and families with children. We recommend to go paddling along the Fortress channel what is a part of the fortification system of northern part of Liepāja, or along the Liepāja Lake.
- 4 LIEPĀJA KITEBOARDERS SOCIETY**
www.kites.lv. Kiteboard training.
- 5 WAKEPART "VIKING WAKE CENTER" IN GROBIŅA**
+371 29294912, www.vikingwake.com
- 6 WINDSURFING CLUB "RIETUMKRASTS"**
+371 29187779, www.rietumkrasts.lv
Gear rental and training – water skis, bladders, kite surfing, windsurfing, water motorcycles, boats.

Yacht marinas

- 1 LIEPĀJA YACHT CENTRE**
40, 3.8 – 4.5 m
+371 26155882, www.promenadehotel.lv

Tourist attractions

- 1 Akmenrags lighthouse**
+371 28350899
After climbing into the Akmenrags lighthouse by winding stairs, an unforgettable view opens to the sea and surrounding forests.
- 2 Active Tourism Centre "Curonian Viking Settlement"**
+371 26490324, grobinasvikingi.lv
Curonian Viking settlement offers excellent opportunity to explore the Curonian Viking life messages, become familiar with Viking characters, explore legends and have a good time with family and friends.
- 3 Liepāja Olympic Centre pool and SPA**
+371 634 80000, www.loc.lv
Enjoy the therapeutic effect of pool and SPA procedures in the biggest and the most advanced swimming pool and SPA centre of the western part of Latvia.
- 4 Liepāja beach**
By visiting Liepāja in the summer, you will find the largest beach in the Baltic States with the finest and whitest sand in the world. In the beach are areas for peaceful resting and for active recreation. Liepāja beach has become particularly famous for its fun parties in any of the beach cafes.
- 5 Cyclists-friendly city**
Several bike rental points are in Liepāja. Now in total there are cycling paths in length of 40 km. Cycling guides and maps, as well as additional information about bike rental is available in Liepāja Regional Tourism Information Office and at www.liepaja.travel
- 6 Northern breakwater**
Northern breakwater was built in the late of 19th century. This is a popular place among Liepāja inhabitants where to watch the sunsets, but during the storm, when the waves of the sea are running high, you can gain unforgettable impressions there.

i Liepāja Regional Tourism Information Office
+371 29402111, +371 63480808
www.Liepaja.travel

Sea paddling routes

- 14 Akmenrags – Pāvilosta**
It is a paddling route along a deserted coastline. Climb into Akmenrags lighthouse before going in the sea. Around the middle of the trip is a nice resting place "Miera osta". Finish is in Pāvilosta at the tavern Āžagals.





15. Bernāti-Liepāja.
15 km, 1 day



NIDA – BERNĀTI – LIEPĀJA

In the coast of southern Kurzeme the traveler will find sandy beaches, where to indulge in a relaxing rest and also find a variety of options for enjoying active holidays at the sea. Nature tourism lovers will be attracted by wild horses and bird watching in Pape Lake. In Jūrmalciems we recommend to taste freshly smoked fish.

Service providers

1 ACTIVE RECREATION IN PAPE

+371 26595623, rucavasnla@inbox.lv
Active tourism gear rental for recreation in all seasons. Available bicycles rental for adults and children, anglers' boats, water catamarans, Nordic walking equipment, as well as skiing equipment.

2 SEA WALKS OR LONGE COTE

+371 29339677, www.sofijaslaivas.lv
Type of active recreation, which includes the movement along the sea parallel to the shore, by using paddles for a balance. This activity is very healthy because it includes both physical movement and a healthy environment.

3 KANOECENTRS

+371 26116933, www.kanoecentrs.lv
Stand up paddle boards (SUP) and canoe rental, transportation. Organization of active recreation events.

4 PADDLING IN THE LIEPĀJA LAKE

+371 29339677, www.sofijaslaivas.lv
Anglers' boats and gear rental in Liepāja Lake.

5 PADDLING IN THE PAPE LAKE

+371 26242365
Two boat docks are established in the lake. A water tourism route marked by buoys in length of 10 km long connects them. Surrounding of the Pape Lake is one of the best bird-watching places in Latvia.

Tourist attractions

1 Nature Park Pape

+37126693867, www.pdf-pape.lv
On the shores of Pape lake it is possible to observe wild horses, aurochs and taurus, but from the bird watching tower – migratory birds. Park can be seen in accompaniment of the guide, on foot, by cycling or from the



rowing boat. Pape Trail of Natural Processes in length of 9 km offers a journey through five ecosystems – lake, meadow, forest, marsh and dunes. Along the way you can visit the fishermen's farm in Latvian Ethnographic Open Air Museum "Vītolnieki".

2 Ethnographic house "Zvanītāji"

+371 26814051
Tasting of Rucava traditional dishes – rye-bread, sklandrauši (rye flour pies with potato or carrot filling), butter with potatoes. During the summer season it is possible to enjoy lunch every day from 12:00–16:00.

3 Jūrmalciems and antiquity exhibition of Jūrmalciems former inhabitants

+371 6461735
Jūrmalciems is typical fishing village in Kurzeme. Here you can see the boat dock and net house, as well as antiquity exposition of Jūrmalciems former inhabitants.

4 Meal in the seashore

www.jurniekaligzda.lv, www.verbelnieki.lv
Here you can stay in any of the guest houses and enjoy a meal almost at the very seashore, for

example, in summer cafe "Siena šķūnis". Just around the corner there is also a tavern "Jūrnieka ligzda", which offers to taste freshly smoked fish.

5 Coastal fishing and fish smoking

Visitors are invited to participate in fishing, traditional fish smoking process and afterwards to taste the delicious fish – in Nica (+371 26596877), in Nida (+371 29235120) and in Rucava (+371 29521002).

Nica
Tourism Information Centre
+371 29458532, www.nica.lv

Rucava
Tourism Information Centre
+371 29134903, www.rucava.lv

Sea paddling routes

15 Bernāti – Liepāja

Bernāti – Liepāja is a special paddling route along the relatively populated beaches. Coastal resort villages follow one after another. The end of the route finishes in Liepāja, it is not difficult to spot the place during summer with its vibrant beach life.



MORE INFORMATION

ESTONIA:

www.visitestonia.com
www.westestonia.ee
www.visithiiumaa.com
www.visithaapsalu.com
www.visitsaaremaa.ee
www.visitparnu.com

LATVIA:

www.latvia.travel
www.kurzeme.lv
www.vidzeme.com
www.celotajs.lv
www.viesunamiam.lv
www.travelnews.lv



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